

About This Conference



Do you feel like a fish out of water sometimes? Then join us, this conference is designed for you-- Social Service and Human Service staff.

Time and Location: The conference will be held from 8:30 AM to 4:00 PM (registration begins at 8:00 AM) October 15, 2008 at MCIT, 100 Empire Drive, St. Paul, MN. **Lunch and refreshments are provided.** For map and driving directions visit www.mapquest.com. **No confirmation letter will be sent.**

Registration Procedure and Deadline: Early registration is recommended.

Registration Fees: The registration fee is \$40 per person for MSSA members, \$85 per person for non-members, and \$20 for students (Student ID required). After October 10 registration is available at \$45 per person for MSSA members, \$95 per person for non-members, and \$20 for students. Fee includes refreshments and lunch.

Continuing Education Hours (CEHs) have been applied for with the Board of Social Work. Certificates will be available at the conclusion of the conference.

www.mnssa.org

125 Charles Avenue
Saint Paul, Minnesota 55103

mssa
Minnesota Social Service Association

Non-Profit Org.
U.S. Postage
PAID
St. Paul, MN
Permit No. 5882

mssa

MINNESOTA SOCIAL SERVICE ASSOCIATION



Facing the Challenges of Human Services Today

Metro Regions Fall Conference
Wednesday, October 15, 2008

MCIT
100 Empire Drive
St. Paul, MN



The Day's Agenda

8:00–8:30 AM Registration

8:30–9:00 AM Welcome, Brian Buhmann, MSSA President & Rod Halvorson, MSSA Executive Director

9:00–10:15 AM Family Healing & Restoration Network -- Restoring the Connected Community

Hennepin County joined forces with His Works United, a coming together of 3 major African American faith organizations to expand the array of church sponsored social services and to assist clients with finding resources through a network of "Community Navigators". This workshop will recount some of the challenges and successes of the 1st year of building a foundation for this effort, and discuss strategies and lessons for the future. *Presenter: Harvey D. Linder, Ph.D., LP is a Senior Clinical Psychologist with the Hennepin County Human*

Personality Disorders Part I

In this two part presentation Dr. Schippits will review the characteristics of all of the currently identified Personality Disorders. He will share his insights from his 40 year career in working with individuals with these diagnoses. He will discuss the challenges clinicians face in keeping their boundaries intact, and their treatment efforts focused as they work with these complex individuals. His positive approach will emphasize the importance of clear treatment goals, regular case consultation with other professionals, and good clinician self-care. *Presenter: Hal Schippits*

Ethics in Adult Protection

Adult protection workers are frequently challenged when they work with involuntary clients. This session will cover five basic ethical decision points. WHO,WHAT,WHERE,WHEN AND WHY. The workshop will include case example and interactive discussion to allow participants an opportunity to further develop their own ethical framework. *Presenter: Barb Doherty*

Animal/Equine Assisted Therapy and the impacts for Therapy

Participants will gain an overview of the field of practice in AAT, as well as participate in some hands on experiential learning. A few practical ways to incorporate nature based programming into your work will be discussed as well as ways AAT can stimulate the brain. The presenter will also touch on what consumers should look for in an AAT/EFP practitioner. *Presenter: Molly DePrekel, MA LP, Clinical Director, Minnesota Linking Individuals Nature and Critters (MN LINC)*

10:15–10:30 AM Break

10:30–11:45 AM

24-Seven--Experiential Independent Living for Youth Aging Out of Care

24-Seven was started as a pilot in October of 2006 to offer youth ages 17 to 21 who are in placement the opportunity to experience independent apartment living while still under the supervision of Hennepin County. The pilot serves 30 youth who are in group home or residential treatment programs and are moving into independence. Community agencies provide life coaches that assist the youth to find apartments, jobs, and provide other supports that the youth need to maintain stability in the community. We will discuss how the pilot got started and what we have learned. *Presenter: Judy Paul, BA Social Work, Sr. Planning Analyst, Hennepin County*

Personality Disorders Part II

See description in previous column. *Presenter: Hal Schippits*

FASD with Children & Youth: Strategies not Solutions

This session will review what FASD is and how it effects the functioning of children at home, school and in the community. We will be sharing our experiences and hope to facilitate our interactive experience with the audience to develop effective strategies. *Presenter: Brian Zirbes, Supervisor, Group Coordinator, Generations: Community Support Services*

Minnesota Health Care Connect Overview

This session is an overview of Minnesota Health Care Connect, an initiative of DHS and MACSSA designed to improve the eligibility and enrollment processes for the Minnesota Health Care Programs. The results of an evaluation of the health care eligibility and enrollment system will be presented and four improvement initiatives will be discussed, including a statewide electronic document management system, specialized support of long-term care cases, enrollment broker, and client choice of venue. *Presenter: Cathy Beil, Master's Degree in Library and Information Science, Management Analyst, MN DHS Minnesota Health Care Connect Project*

11:45 AM–12:45 PM Lunch

12:45–1:15 PM Regional Business Mtg

1:15–2:30 PM

In Their Shoes: the Ethics of Making Decisions for Others

Protecting the civil rights and liberties of an incapacitated individual, maximizing independence and ensuring the least restrictive environment and service alternatives are important ethical principals to consider when acting as a surrogate decision maker whether through a guardianship, conservatorship or a less restrictive alternative. Join us as we discuss how to look beyond our own values and prejudices when making decisions for others. *Presenter: Beth Upshaw Mathews, BS, Sam Houston State University, Program Director, Guardianship Options, Lutheran Social Service of MN; and, Eric Jonsgaard, Senior Program Director, Guardianship Options, Lutheran Social Service of MN*

MN Foreclosure Prevention Program

Explanation of the foreclosure process in Minnesota and what counselors can and cannot do. How and when to refer a client to foreclosure counseling and the impact of the foreclosure crisis on Minnesota's communities. *Presenter: Fay M. Gillespie, Homeownership Counselor, Anoka County Action Program*

Compassion Fatigue

In this session Dr. Schippits will describe the characteristics of secondary traumatic stress disorder (STSD), or "compassion fatigue" which can occur with care-giving professionals who work intensely with the survivors of traumatic stress. As he usually does, he will emphasize the importance of a care giver having a good professional and personal support system which includes regular feedback about their personal behavior. *Presenter: Hal Schippits*

Helping Military Families & Returning Veterans

Practical skills for helping restore families. *Presenter: Dr. Ernie Boswell.*

2:30–2:45 PM Break

2:45–4:00 PM

Humor in the Workplace

Laughter and play can be great ways to cope with life's difficulties. They can help break deadlocks and end feuds. They can also aid in putting cares and worries in a proper perspective, while easing tension, uncertainty, and assisting in the restoration of the balance which is called good health. While highlighting research on the physiological as well as psychological benefits of a joyful life, this workshop emphasizes the importance of using positive, relationship-affirming humor and play, versus negative, relationship-damaging sarcasm disguised as humor in interpersonal relationships no matter where they occur. Laughter and play cannot take away a person's responsibility to face life issues directly and responsibly. This experience is intended to re-charge participants' emotional batteries, celebrate life, as well as giving ideas on how to sharpen one's skills in identifying humor in everyday life situations. *Presenter: Hal Schippits*

The Acculturation Process of First Generation College Students in Higher Education

This session will bring light to some of the struggles first generation college students face in higher education and the implications to our social capital. The presentation will cover a brief history of public higher education in the United States along with a phenomenological approach to understanding the complexity of the issue from a first person perspective and what the current research suggests. *Presenter: Alex Hermida, Independent Life Skills Life Coach, Genesis II for Families*

International Human Trafficking Victims in Minnesota

Presentation of the extent of human trafficking in Minnesota, why there is trafficking in Minnesota, how to identify human trafficking victims, what resources are available to international human trafficking victims in Minnesota, and how to get trafficking victims the help they need to be safe. *Presenters: Linda A. Miller, JD, Executive Director, Civil Society*

The "Other" Drugs

This course of instruction will explain abuse patterns for chemicals usually listed as "other" in assessments. This will cover drug identification, demographics, signs of intoxication and withdrawal from: Jimson weed, catnip, dextromethorphan, diphenhydramine, combinations of OTC formulations, etc. *Presenter: Rick Moldenhauer, MS, Treatment Services Consultant, Chemical Health Division, MN DHS*

Registration

**MSSA Metro Region Fall Conference
MCIT—100 Empire Dr.—St. Paul
Wednesday, October 15, 2008**

First Name:																				
Last Name:																				
Agency:	_____																			
Street Address:	_____																			
City, State, Zip	_____																			
Work Phone: ()	_____																			
Email:	_____																			
Region:	_____	County of Employment:	_____																	

- \$40.00 Member Registration before 10/10/08
 - \$85.00 Non-Member Registration before 10/10/08
 - \$45.00 Member Registration after 10/10/08
 - \$95.00 Non-Member Registration after 10/10/08
 - \$20 Student Registration
- (Registration fee includes lunch and refreshments.)**
- Vegetarian Lunch Needed Yes No
- I am a current member of MSSA.** Yes No
- I would like to become a member: (95% of membership may be claimed on your tax return.) Select one:**
- \$35.00 Individual Member
 - \$20.00 Foster Parent, Client, Retired, Volunteer, Unemployed or Full-Time Student
- I am #: (please check one)**
- County Commissioner Social Worker
 - Financial Worker Management
 - Clerical Client Contact
 - Board Member
 - Volunteer, Retired, Client, Unemployed, Foster Parent, Student (Circle One)
 - Other _____

Make Checks Payable to: MSSA

Mail to:
MSSA
125 Charles Avenue
St. Paul, MN 55103

Questions? 651.644.0556