



Assuming Our Responsibility for Change

124TH ANNUAL TRAINING CONFERENCE & EXPO | HILTON HOTEL MINNEAPOLIS

March 22–24, 2017



Keynote Speaker
Annie Meehan

Author of *Be the Exception*



BE AN AGENT OF CHANGE

MAKE NO MISTAKE: GRADUATES OF THE ST. KATE'S - ST. THOMAS SCHOOL OF SOCIAL WORK CHANGE THE WORLD.

ONE PERSON, ONE FAMILY, ONE COMMUNITY AT A TIME.

Our nationally ranked programs give you the tools and experiences you'll need to successfully promote and support individual and community well-being and fight social injustice.

HOW WILL YOU CHANGE LIVES? [STTHOMAS.EDU/SOCIALWORK](https://stthomas.edu/socialwork)

Bachelor of Social Work (BSW) - generalist social work practice

Master of Social Work (MSW) - clinical social work practice

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Conference Schedule

Tuesday, March 21

4:30 – 7:00 PM Check-in/Registration

Wednesday, March 22

7:00 AM – 5:00 PM Check-in/Registration
 8:30 – 10:00 AM General Session/Keynote/Awards
 10:15 AM – 12:15 PM Sessions
 12:15 – 1:45 PM Lunch (on your own)
 1:45 – 5:00 PM Sessions
 4:30 – 7:00 PM Exhibitor Check-in

Thursday, March 23

7:00 – 8:30 AM Exhibitor Check-in
 7:00 AM – 5:00 PM Check-in/Registration
 8:00 AM – 4:00 PM Exhibits Open
 8:30 AM – 12:15 PM Sessions
 11:45 AM – 1:15 PM Lunch (on your own)
 1:15 – 4:30 PM Sessions
 5:30 – 7:30 PM Game Night!

Friday, March 24

8:00 AM – 4:30 PM Check-in/Registration
 8:00 AM – 1:00 PM Exhibits Open
 8:30 AM – 12:15 PM Sessions
 11:45 AM – 1:15 PM Lunch (on your own)
 1:15 – 5:00 PM Sessions



Welcome – We're Glad You're Here!

We are excited to welcome you to the Minnesota Social Service Association's 124th Annual Training Conference & Expo! The theme of this year's conference is *Assuming Our Responsibility for Change*.

Our theme could not be timelier. For many of us the past year has heightened the challenges we experience as health and human service providers. Budgets continue to get tighter and bureaucratic requirements become more onerous; nationally, uncertainties exist around the Affordable Care Act and how this will affect health and human service programs. Here in Minnesota we wait as our state leaders contemplate significant changes to our child welfare system. At a personal level, increased fear, hatred, and discrimination has become a horrible reality to us individually, those we work with, and those we work for. At MSSA, our board and members have spent time exploring what the implications of all of these changes might be. We've concluded that we must be diligent in assuming responsibility for monitoring and bringing about change. The change we seek can be difficult at times, pushing us out of our comfort zone. But I know, that when the power of 3,000 committed MSSA members work together we can do it.

As health and human service professionals we know the need for change—we see it every day. This year, let's challenge each other to take the next step and collectively, as health and human service professionals, work together to *Assume Our Responsibility for Change*. Over the course of the last year MSSA has taken steps to make it easier for you to assume this responsibility by becoming an advocate for health and human services—our legislative updates, action alerts, and ways to contact your legislators are now at your fingertips; we are working directly with MSSA members to move issues forward; and this week you will see a number of sessions available to you with opportunities to learn how to become advocates for those you work with and for. I know that there will be more to do. I want to hear how we can support you in this effort for change on behalf of our clients and our community.

The goal of the Conference Committee and our staff team was to create a conference experience which will inspire you to become a passionate and engaged advocate, bring a renewed energy to your work, and a heightened awareness to your clients, your agency and yourself. We know that change happens when we as advocates are knowledgeable, engaged and energized! We encourage you to take advantage of the many diverse opportunities for learning, engage in some fun activities, catch up with colleagues, and meet new people in the field.

Progress is not automatic,
the world grows better because
people wish that it should, and take
the right steps to make it better.

—Jane Addams

We encourage you to take these words from Jane Addams, the “mother” of social work, to heart. Working together we can be the change.

Let's embrace the opportunities to make a difference; we know that when we work together great accomplishments can be achieved!

About MSSA

The Minnesota Social Service Association (MSSA) is the oldest and largest professional health and human service organization in the state of Minnesota. With nearly 4,000 individual and organizational members, this organization remains committed to enhancing the lives of Minnesotans. Our mission is to unite diverse professions and passionate people through education and legislative advocacy to enrich lives.

Our Core Beliefs and Values

Social Responsibility

Every human is entitled to an acceptable quality and standard of living. It is our obligation to proactively facilitate critical conversation about human welfare.

Equity

Every human deserves access to services. We advocate for equitable treatment and fair allocation of community resources.

Inclusion

We cultivate and support a vibrant, engaged and truly diverse membership of health and human service professionals.

- We grow, develop and empower health and human service professionals through emerging and evidence-based programs.
- We are a progressive issue leader, building collaborations between like-minded organizations to achieve common goals.
- Our policy work strives to ensure that all Minnesotan's have their basic needs met.
- A strong grassroots network can transform the lives of our members and improve the communities they serve.
- We operate with transparent leadership, governance and communication processes.
- Our strong professional staff works collaboratively with an active and engaged volunteer membership.
- We are passionate, genuine and we have empathy for one another. We trust, respect and support each other as professionals. We expect and assume positive intent in each person's actions.
- We are **comfortable** being **uncomfortable** because we know that dialogue is the path to solutions. We encourage open and respectful conversations in search of meaningful answers to eliminate institutional bias and discrimination.

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REM Minnesota
Dave Lee, MA, LP, LICSW, LMFT, Public Agency
Representative, Carlton County



It takes a Village...

The Board of Directors and staff extends a special thanks to this year's Education/Conference Committee volunteers for their help in producing this conference!

Terry Hildebrandt, Salvation Army

Jonathan Poulson, St. David's Center for Child and Family Development

Kelli Klein, Minnesota Dept. of Human Services

Tracy Crudo, Minnesota Dept. of Human Services

Paula Katzenmeyer, Awards/Scholarship Chair, Minnesota Dept. of Human Services

Amy Thier, Des Moines Valley Health & Human Services

Conference Objectives

- Exchange knowledge, insights and experiences related to health and human services.
- Focus on practical applications, providing participants with usable tools to implement in their organizations.
- Promote collaborative connections among attendees, faculty, health and human services communities, organizations and government agencies.
- Encourage open discussion on issues of common concern.
- Examine successful initiatives and programs.

OPERATION SELF-CARE: JOIN US FOR A SOCIAL WORKOUT! FRIDAY, MARCH 24 | 6:30 - 7:15 A.M.



JOIN MSSA EXECUTIVE DIRECTOR AND NATIONAL EXERCISE TRAINERS ASSOCIATION CERTIFIED GROUP FITNESS INSTRUCTOR **CHRISTINA ZEISE** FOR A FUN AND ENERGIZING 30-MINUTE WORKOUT WITH STRENGTH TRAINING AND CARDIO WORK PLUS A 15-MINUTE STRETCH.

HAVEN'T EXERCISED IN A WHILE? NO WORRIES!
CHRISTINA INCLUDES MODIFICATIONS FOR ALL FITNESS LEVELS!
SHE'LL DISCUSS WAYS TO TAKE CARE OF YOURSELF AND SHARE IDEAS FOR INCORPORATING SELF-CARE INTO YOUR DAILY ROUTINE.

NEED A REWARD FOR WORKING OUT?
JOIN US AFTER FOR A LIGHT BREAKFAST - INCLUDING COFFEE!

ALL THIS FOR ONLY \$5.
NET PROCEEDS BENEFIT THE MSSA SCHOLARSHIP FUND!
CASH OR CHECK PAYABLE TO MSSA (NO CREDIT CARDS).

SIGN UP TUESDAY - THURSDAY AT REGISTRATION.



Regional Chairs

- Region 1: Chris Kujava, Marshall County
- Region 2: Vacant
- Region 3: Reina Irvine, Aitkin County
- Region 4: Kendra Lund, Alzheimer's Association
- Region 5: Vacant
- Region 6: Julie Aafls, Chippewa County
- Region 7: Ashley Baltich, Sherburne County;
LeeAnn Thimell, Wright County
- Region 8: Kelly Hengel, Southwest Health &
Human Services
- Region 9: Jodi Thomas, Nicollet County
- Region 10: Vacant
- Region 11: Dawn Smith-Wright, Anoka County
- Region 12: Jennifer Fisher, Thomas Allen, and
Taylor Lawson, Volunteers of America
- Region 13: Amanda Lindbom, Ramsey County

Staff

The MSSA staff are always ready to help you! Please call the office at **651-644-0556** or email **info@mnssa.org**.



Christina Zeise, MPP, MSW,
Executive Director
czeise@mnssa.org



Lisa Johnson,
Director of Professional Development
ljohnson@mnssa.org



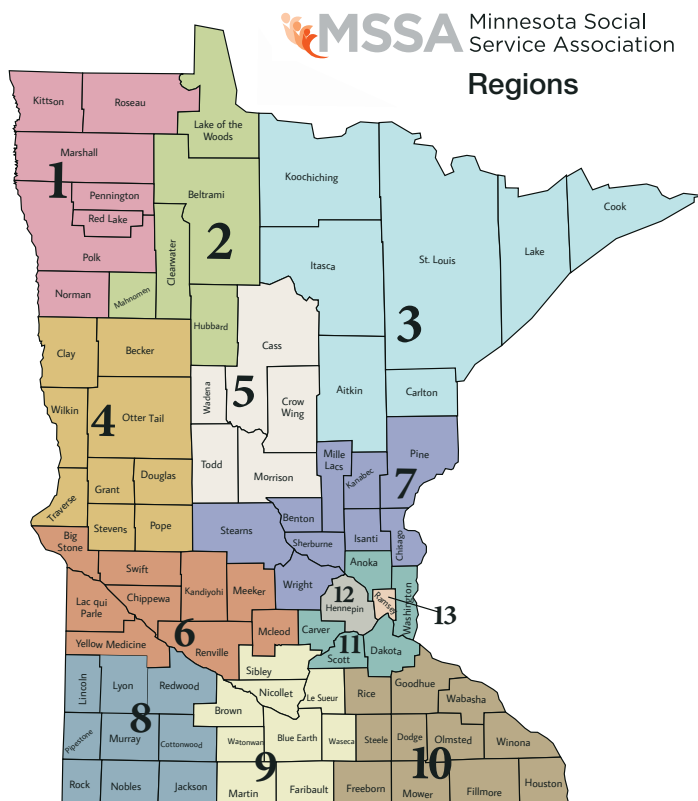
Beth Ringer, MSW, LGSW,
Director of Membership Services
bringer@mnssa.org



Tina Marchio,
Association Coordinator
tmarchio@mnssa.org



Nancy Silesky, Contract Lobbyist,
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Minnesota Social Service Association
125 Charles Avenue
St. Paul, Minnesota 55103
Phone: 651-644-0556 | Fax: 651-224-6540
www.mnssa.org | info@mnssa.org



Session Content

All attendees will receive access to MSSA's Google Drive to view and print selected presentations and post-tests via an emailed link after the conference.

Mother's Room

Sponsored by Pinnacle Services.

Nursing mothers are invited to use the Mother's Room suite between 8 a.m. – 5 p.m. for pumping and breastfeeding. Stop by Registration to borrow a key card for access to the Mother's Room.

Lost & Found

Visit the hotel registration desk in the lobby if you lose or misplace items. MSSA is not responsible for lost or stolen items.

Visit the Exhibits

A dynamic part of our conference is the information and learning opportunities provided by our exhibitors. Update your knowledge on current programs and services being offered throughout Minnesota and the Midwest. More than 175 vendors will be present throughout the conference.

Scent Policy

MSSA strives to have a healthy environment for its membership and understands that some members may have sensitivities to certain scents. MSSA requests that members be considerate to the needs of those that may have sensitivities to certain fragranced products and asks for your support in limiting or eliminating the use of scented products when attending MSSA events.

Game Night!

Thursday, March 23 | 5:30 - 7:30 p.m.
Rochester Room

WIDE VARIETY OF GAMES

We've got playing cards, Jenga, Apples to Apples, Scrabble, Blokus, Brain Games, Banana Party, and more!

LIGHT REFRESHMENTS

PRIZES GIVEN AWAY EVERY 20 MINUTES!

Gift Cards

Game Tickets for St. Paul Saints, Timberwolves, Twins, and more!

All games will be given away at the end of the night!

ONLY \$5 AT THE DOOR

Cash or Check only (no credit cards). Must be present to win.

Net proceeds benefit the MSSA Scholarship Fund.

Have a blast
playing
games,
socializing,
snacking
and winning
fabulous
prizes!



Continuing Education

Specific conference sessions have been approved by the **DHS Adult Protection Division** and **DHS Child Safety & Permanency Division**. See individual session descriptions for indication of approval. MSSA has applied for CEUs through:

- Minnesota Board of Social Work
- Minnesota Board of Examiners for Nursing Home Administrators
- Minnesota Board of Behavioral Health & Therapy
- Minnesota Board of Marriage & Family Therapy
- Minnesota Board of Psychology
- National Council on Family Relations Certified Family Life Educator (CFLE)
- North Dakota Board of Social Work Examiners

The certificate of attendance is included in the back of this program. After completion of a session, record the title in the appropriate time slot on the certificate. You are responsible for recording training you've attended and saving this entire program book for your records.

Use of Cell Phones

Cell phone use is prohibited in the meeting rooms. We request that all cell phones be silenced or placed on vibrate. Anyone using a cell phone in a session will be asked to leave the session.

Accessibility

MSSA is committed to making all reasonable arrangements that will allow attendees to participate in conference events. All rooms at the conference are wheelchair accessible. The first row of seating in meeting rooms is reserved for individuals with special needs. In the event you require special on-site assistance during the conference, please visit Registration in the Red Wing Room on the third floor.

Conference Feedback

Your feedback is important to us. You will receive an email asking you to complete a brief conference evaluation after the conference. We would appreciate your participation in completing the evaluation and providing input for future conferences.

Congratulations to our 2017 Award Recipients

Outstanding Student

Andrea Kittleson

Concordia College

Outstanding Adult Foster Care

Robin Sothman

Mille Lacs County Community and Veterans Services

Outstanding Child Foster Care

Todd and Sarah Randall

McLeod County Social Services

Community Collaboration

Hennepin County Office of Multicultural Services

Staff Achievement

Sonhui Baker

REM Minnesota

Outstanding Volunteer

Mike Scanlan

Outstanding Retiree

Ken Ebel

Former Sherburne County Social Service Director and MSSA Past President

Individual Distinguished Service

Paula Katzenmeyer

Minnesota Department of Human Services



Day One

Wednesday, March 22, 2017

Sessions at a Glance

Meeting Space	10:15 - 11:45 a.m.
Duluth Room	Breathe Easy: Start Talking About Tobacco Use Among Individuals Living with Mental Illnesses
Conrad A	Ethical Issues in Macro Practice (10:15 a.m. - 12:15 p.m.)
Conrad BC	Build Your Resiliency Quotient
Conrad D	Fetal Alcohol Spectrum Disorders: What You Need to Know
Symphony 1 & 2	Building Healthy Relationships with Dignity and Respect
Symphony 3 & 4	Examining Assumptions about Weight and Health: A Social Justice Issue
Marquette 1 & 2	Adverse Childhood Experiences: Understanding Trauma and its Lifelong Impact
Marquette 3, 4, 5	Listening to What is Not Being Said: Hearing Adolescents
Marquette 6 & 7	Gray Area Thinking
Marquette 8 & 9	Ethics, Self-Determination & Risk (10:15 a.m. - 12:15 p.m.)
10:45 a.m. - 12:15 p.m.	
Salon E	Living a Life of IMPACT
Salon F	Overcoming Reporting Barriers for Older Adults Experiencing Maltreatment
Salon G	What Person-Centered Planning Means to Me
BREAK — 12:15 - 1:45 p.m.	

Meeting Space	1:45 - 3:15 p.m.	3:30 - 5:00 p.m.
Rochester Room	Foster Care to Adulthood: A Youth Perspective	Sexual Exploitation of Youth Prevention Program
Duluth Room	Parental Fees for Parents with Disabled Children on Medical Assistance	Plans for Achieving Self Support & Ticket to Work Programs
Conrad A	A Transgender Person's Perspective on Therapy	The Down and Dirty Issues People Face with Social Security Disability and SMRT
Conrad BC	Taking the Fear out of Ethical Practice: Why Anxiety Doesn't Help and What to Do About It	Nature and Nurture: The Significance of Nature in Human Services & Human Development
Conrad D	How Do We Address Minnesota's Disparities in Foster Care?	How Much is Too Much? Child Protection Worker Burnout
Symphony 1 & 2	Adolescents with Sexual Offenses: Treatment, Management, and Ethics	Building Rapport with Individuals and Teams
Symphony 3 & 4	Homeless Not Hopeless	Who Are You When You Interview?
Marquette 1 & 2	Cultural Humility in Supervision	The Well-being Debate: Strategies for Child Protection
Marquette 3, 4, 5	Navigating the Crisis System for Persons with Intellectual/Developmental Disabilities	Race in the Workplace
Marquette 6 & 7	PTSD: A Law Enforcement Perspective	Getting the Most Out of Group Supervision
Marquette 8 & 9	Supported Decision Making: An Emerging Alternative To Guardianship	Fostering Resilience
Salon E	Be the Exception	Living a Life of IMPACT (repeated)
Salon F	Caregiver or Perpetrator Neglect (NAPSA CORE Competencies)	
Salon G	Person-Centered Approach to Supporting Family Caregivers	

8:30 – 10:00 AM General Session

1 Assuming Our Responsibility for Change

Minneapolis Grand Ballroom



Keynote Speaker: Annie Meehan, Author, Speaker, Fitness Club Owner, Certified Life Coach

MSSA is pleased to welcome Annie Meehan as this year's keynote speaker. Annie has transformed her life—from a tragic childhood story of homelessness, pain, and family dysfunction into one of hope, healing and positivity. Her kind heart and courageous determination will motivate us all to live our most exceptional life—and help us help those around us do so as well. This powerful and uplifting message will set the stage for the next three days of education, motivation and inspiration!

MSSA Honors Awardees

Join us in recognizing a few outstanding individuals in our community through our Distinguished Service Awards.

10:15 – 11:45 AM Sessions

2 Building Healthy Relationships with Dignity and Respect

Annette Steensland, M.Ed., SHRM-CP, Performance and Training Consultant

Symphony 1,2



With the increase in technology, relationships have been negatively impacted. People prefer to text, use Facebook, and use Instagram to maintain relationships. What will relationships look like in 5 years, in 10 years, in 25 years? How do we bring the “human” back into human interactions?

3 Build Your Resiliency Quotient

Joan Loshek, MA, Learning and Development Consultant, Loshek Consulting, Inc.

Conrad BC



Human services professionals help people address their challenges. Meanwhile they have their own life challenges to address. Build Your Resiliency Quotient focuses on developing these life-enhancing skills. Participants learn about the three behaviors resilient people demonstrate: purpose, support, and self-care. They begin to articulate their purpose. They analyze strengths and gaps in their support network. Finally, they assess how well they're taking care of themselves in order to live the life of their dreams.

4 Examining Assumptions about Weight and Health: A Social Justice Issue

Billie Gray, PhD, Executive Director, The Emily Program Foundation

Symphony 3,4



Explore commonly-held beliefs around weight, nutrition, body image, and health. The discussion will delve into current research and the intended and unintended consequences of popular discourse around food and health, looking at the issues from a social justice perspective. Topics include: What we know and don't know about BMI and health? The trend towards of viewing eating through a moral lens? How to reduce weight stigma and support well-being.

5 Breathe Easy: Start Talking About Tobacco Use Among Individuals Living with Mental Illnesses

Catherine Gangi, MPH, CHES, Community Health Educator, National Alliance on Mental Illness Minnesota

Duluth



While the rest of the nation has seen significant declines in smoking rates over the past decade, people living with mental illnesses have been predominantly left out. Smoking continues to be the leading cause of death for this population. This presentation will open up the conversation on tobacco use among individuals living with mental illnesses through engaging activities and information on how to integrate addressing tobacco use into treatment.

6 Gray Area Thinking

Ellen (Ellie) Krug, JD, Founder and President, Human Inspiration Works, LLC

Marquette 6,7



All humans habitually categorize and group others who are “different” from “us,” which often lends to black and white thinking, as in “good” versus “bad” or “native” versus “immigrant” and a host of other isolating labels. With this presentation, Ellen (Ellie) Krug offers a toolset—Gray Area Thinking™—for interacting with diverse humans in a mindful and compassionate way. Attendees will appreciate and value how it's necessary to consciously work to see humans as humans without labels.



7 Adverse Childhood Experiences: Understanding Trauma and its Lifelong Impact

Paige Thompson, LGSW, CSW, Mental Health Consultant, Southwest West Central Service Cooperative

Marquette 1,2



An Adverse Childhood Experience (ACE) describes a traumatic experience in a person's life occurring before the age of 18. The original ACE study was developed by the Centers for Disease Control (CDC) and has been replicated by many states including Minnesota. The results of this study are profound and help us truly comprehend the challenges faced by our youth and families. By understanding ACES, we can work on building skills and interventions to assist others in overcoming such adversity.

8 Fetal Alcohol Spectrum Disorders: What You Need to Know

Barb Clark, FASD Consultant

Conrad D



We will cover important facts about FASD, how prenatal alcohol exposure impacts the brain, the symptoms and red flags related to this type of brain damage and strategies to use in supporting families who are living with an FASD.

9 Listening to What Is Not Being Said: Hearing Adolescents

Mary Helmin, LICSW, PsyD, LP, Psychologist, University of Minnesota Medical Center/Fairview Counseling Clinics

Marquette 3,4,5



The feeling of being heard and listened to has a powerful impact on people of all ages and in all situations. A change we can make in our everyday work is how we listen, particularly to young people. Frequently, adolescents get the attention they need by acting in ways that appear problematic. This workshop will focus on redefining these behaviors and offering tools for deeper understanding.

10:15 AM – 12:15 PM Sessions

10 Ethics, Self-Determination & Risk

Anita Raymond, MSW, LISW, CMC, Program Manager, Volunteers of America - MN

Marquette 8,9



When working with vulnerable clients many practitioners turn to guardianship to address risk. What are the ethical implications of using guardianship as a tool to address vulnerabilities? In this presentation participants will learn that guardianship/conservatorship is often not the best approach from ethical, legal, financial, and practical perspectives, and will learn about emerging trends in addressing clients' vulnerabilities and risks while protecting rights to autonomy and self-determination.

11 Ethical Issues in Macro Practice

William A. Anderson, MSW, PhD, LISW, Professor Emeritus, Dept. of Social Work, Minnesota State University - Mankato

Conrad A



Many social workers do some or all of their practice away from clients, as supervisors, administrators, advocates, community organizers, etc. We will consider how ethical codes relate to their practice and some ethical dilemmas that they might face.

10:45 AM – 12:15 PM Sessions

12 Living a Life of IMPACT

Annie Meehan, Author/Certified Life Coach, AM Speaking

Salon E



Our words, actions and personal stories are powerful and impactful. Life will reflect back to us what we create. Is your powerful, impactful life one of intention or one of default? Annie teaches about being purpose-driven, intentional and adaptable to change with an easy 6-point acronym IMPACT (Intentional living, Make it happen, Purpose, Adaptability, Commitment, Tools).

13 What Person-Centered Planning Means to Me

Mark Winters, Project/Development Manager, and Mike Williams, STAR Services

Salon G



Have you ever wondered how person-centered planning and services actually affect the individuals you support? Here is your chance to learn from an expert! Join us and learn from Mike, a powerful self-advocate. In addition to Mike's insights, Mark, an experienced person-centered planner, will tell you the story of their journey together leading to success professionally and personally. You will leave this session with new tools and perspectives to ensure the individuals you support are empowered to live their best life.

14 Overcoming Reporting Barriers for Older Adults Experiencing Maltreatment

Marit Anne Peterson, JD, Program Director, Minnesota Elder Justice Center

Salon F



Older adults face significant barriers when considering reaching out for help when experiencing maltreatment. This session will explore ways we, as service providers, may work alongside our constituents and clients to support and encourage reporting in all its forms. A close examination of the barriers faced by victims and discussion of possible responses will provide us with additional insight and tools in our direct service work.

1:45 – 3:15 PM Sessions

15 Be the Exception

Annie Meehan, Author/Certified Life Coach, AM Speaking

Salon E

SC

This session highlights living outside of the traps of labels, characterizations and job titles. Getting on the path to uncovering and expressing your authentic self is what makes your life's journey rich. Annie dives into the "7 ways of being" (honest, gentle, flexible, healthy, courageous, open and authentic) necessary to transform your life and live your true passion and potential. Learn the value of how "being" is often more important than "doing."

16 How Do We Address Minnesota's Disparities in Foster Care?

Christina Zeise, MPP, MSW, Executive Director, Minnesota Social Service Association

Conrad D

PT CP SJ

Last fall, MSSA members included a position in MSSA's 2017 Public Policy Agenda to address disparities in Minnesota's foster care system. While this is a lofty goal, as a membership association of over 3,000 health and human service professionals we believe that our membership has the knowledge, passion and desire to work towards addressing these disparities. Join us to learn about the disparities that overwhelmingly impact the Native American and African American communities and discuss what we can do as passionate professionals to take the first steps towards change.



NEXUS | YOUTH AND FAMILY SOLUTIONS

MINNESOTA PROGRAMS FOR BOYS AND GIRLS

MILLE LACS ACADEMY
A NEXUS FAMILY MEMBER

A Holistic Approach to Unhealthy Sexual Behaviors

Boys, ages 10-19

Onamia, MN • Contact Joe Rubado: 320-630-3507

GERARD ACADEMY
A NEXUS FAMILY MEMBER

Mental Health Care for Every Stage of Life

Boys and Girls Residential Care, ages 6-18

Children, Adults, Families Outpatient Care

Austin, MN • Contact: Loren Nerison: 507-434-4433

NEXUS GLEN LAKE
A NEXUS FAMILY MEMBER

Programming for Girls with Severe Emotional and Behavioral Issues

Girls, ages 14-19 • Minnetonka, MN

www.nexus-yfs.org



17 Navigating the Crisis System for Persons with Intellectual/Developmental Disabilities

Kelly Ruiz, MA, Community Crisis Services Coordinator, Metro Crisis Coordination Program; Steve Dahl, Director, Community Support Services Mobile Teams, Crisis Homes, Minnesota Life Bridge, Minnesota Department of Human Services

Marquette 3,4,5

AP DD

Navigating, understanding and utilizing crisis services for individuals with Intellectual/Developmental Disabilities and Related Conditions can be complex. This presentation will provide an overview of crisis services available to this population in the 7-County Metro Area (Anoka, Carver, Dakota, Hennepin, Ramsey, Scott & Washington Counties). The Metro Crisis Coordination Program, in collaboration with DHS Community Support Services, will discuss access, services and benefits of utilizing preventative community based services to minimize behavioral/psychiatric hospitalizations.

18 Parental Fees for Parents with Disabled Children on Medical Assistance

Joe Jarosz, Manager, Accounts Receivable, Brenda Nelson, Senior Program Administrator and Teri Bauer, Senior Program Administrator, Minnesota Department of Human Services

Duluth

DD

DHS assesses parental fees to parents of disabled children on TEFRA, CAC, CADI, DD and TBI waivers, and certain out-of-home placements. Learn the impact of recent legislative changes, which MA eligibility types have fees, how the state determines the fee and the legal variances that can reduce or eliminate the fee.

19 Taking the Fear out of Ethical Practice: Why Anxiety Doesn't Help and What to Do About It

Kirsten Lind Seal, PhD, LMFT, Adjunct Assistant Professor, Dept. of Marriage and Family Therapy, St. Mary's University of Minnesota

Conrad BC

PT AP MH

During this workshop participants will learn how anxiety and fear can affect clinical practice. The neuroscience of anxiety and fear and its effect on learning and practice will be presented.



Leo A. Hoffmann Center

1715 Sheppard Drive, PO Box 60

St. Peter, MN 56082

(507) 934-6122 Fax (507) 934-2594 www.hoffmanncenter.org

HOFFMANN CENTER IS NOW COA ACCREDITED!

Leo A. Hoffmann Center has been a provider of treatment services for adolescent boys with inappropriate sexual behaviors for over 34 years!

- ◆ Residential treatment for adolescent boys, ages 11-17, displaying inappropriate or harmful sexual behavior.
- ◆ Residential treatment for adolescent boys with developmental cognitive disabilities, ages 11-17, displaying inappropriate sexual behaviors.
- ◆ General shelter services for adolescent boys.
- ◆ **ST. PETER COUNSELING CENTER** provides outpatient children, adolescents and adults with mental health issues.
- ◆ Hoffmann Center is licensed by MN DHS as a Rule 5 program with MN DOC Sex Offender Certification, Title IV-E eligible and also a MA reimbursable licensed facility.

Foundational ethical principles will be reviewed in order to deepen participants' knowledge and understanding of ethical best practice. Finally, relational and cultural issues will be discussed, as well as how awareness of power and privilege in the healing relationship is imperative for best practice.

20 Adolescents with Sexual Offenses: Treatment, Management and Ethics

Jon Brandt, MSW, LICSW, Director, Mapletree

Symphony 1,2



Compelling new research on adolescents with sexual offenses indicates that an astounding 97% do not reoffend. Because perceptions to the contrary drive public policies, most adolescents who have sexually offended may never recover from the stigma. This workshop will review the research and discuss the implications with an aim toward finding an effective balance for juvenile offenders, victims, their families and public safety. Recovery, sexual safety, and family preservation will be discussed.

21 Supported Decision Making: An Emerging Alternative To Guardianship

Anita Raymond, MSW, LISW, CMC, Program Manager, Volunteers of America - MN

Marquette 8,9



When working with vulnerable clients many practitioners turn to guardianship to address decision making deficits. But very often, even persons with significant cognitive, intellectual, or mental health challenges can engage in effective decision making with support and assistance from their formal and informal care teams without involving the court systems. Learn more about Supported Decision Making as an effective model in addressing a client's wishes and needs.

22 Post Traumatic Stress Disorder: A Law Enforcement Perspective

Officer Brian Massingham, Meeker County Law Enforcement

Marquette 6,7



Brian will share his story of how an ordinary day on the job as a police officer in rural Minnesota altered his life forever. He

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will explain how and why he was diagnosed with PTSD. He will discuss signs, symptoms and techniques for management that were effective for him. These tools can be helpful in working with clients across many disciplines. They can help us better understand our clients to ensure that appropriate services are provided. Brian will also discuss the stigma associated with PTSD and how this has impacted his life. Brian uses his story as a tool for healing but also to relate that it's not just soldiers or victims of violence who get PTSD.

23 Foster Care to Adulthood: A Youth Perspective

Jessica Rogers,,Executive Director, Michelle May, Program Director, Andrew Lemmie, Youth Leadership Coordinator, Connections to Independence; Javon Turner, Brandon Nahl, Lucina Kayee, June Barker, Participants, Connections to Independence

Rochester



Connections to Independence (C2i) will introduce you to their organization's program and services that are producing incredible outcomes for youth in and aging out of the foster care system: 92% receive high school diploma or GED, 60% go on to post-secondary programs, 69% gainfully employed, 93% stable housing, and 100% state that C2i improves their daily lives. Come learn more about how these young people are beating the dismal odds from their perspective. Learn from staff and youth how C2i assists youth transitioning to adulthood through a holistic approach addressing five core components: housing, education, employment, financial literacy and personal wellness.

24 Cultural Humility in Supervision

Sarah Ferguson, PhD, LISW, Associate Professor and MSW Program Director, School of Social Work, St. Catherine University

Marquette 1,2



In supervision social service professionals can begin to engage their practice from a place of cultural humility. As defined by Tervalon & Murray-Garcia (1998) cultural humility is the concept that good cultural practice comes from "continually engaging in self-reflection and self-critique." Working across cultural differences is key to successful client outcomes and as such a critical tool for supervision. This session provides an overview of cultural humility and its application to supervision practice.

25 A Transgender Person's Perspective on Therapy

Ellen (Ellie) Krug, JD, Founder and President, Human Inspiration Works, LLC

Conrad A



Ellen (Ellie) Krug transitioned from male to female in 2009 at age 52. Before that, she struggled for decades with the question of whether she could "choose" to stay a man. This presentation covers the many therapists and modalities she encountered on her gender journey and details what worked and what didn't.

26 Homeless Not Hopeless

Michael Bennett, Volunteer & Outreach Services Director, House of Charity

Symphony 3,4



Homelessness continues to be a struggle that many Minnesotans face. In this presentation, attendees will learn about some of the factors that lead people to experience homelessness, and also, how to understand the impact homelessness has on an individual's ability/willingness to receive assistance even when it is most needed.

1:45 – 5:00 PM Sessions

27 Person-Centered Approach to Supporting Family Caregivers

Krisie Barron, LSW, Caregiver Specialist, Embrace, LLC

Salon G



Caregivers who support their families are charged with the most difficult, ambiguous and intense jobs one can do. A person-centered approach to supporting Family Caregivers helps them to have realistic expectations and set healthy boundaries for themselves. Giving them the tools, knowledge and understanding

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empowers Caregivers to be in charge of their journey instead of being at the mercy of it.

28 Caregiver or Perpetrator Neglect (NAPSA CORE Competencies)

Kelli Klein, BS, Adult Protection Resource Specialist, and Melissa Vongsy, BS, Adult Protection Resource Specialist, MN Department of Human Services

Salon F

AP

MN DHS Adult Protection Resource Specialists will present training developed by Project MASTER, a program of the Academy for Professional Excellence. In this engaging and highly interactive introductory training, participants learn the necessary and essential components for effective investigations of caregiver neglect. Trainees will understand common physical and behavioral indicators of caregiver neglect; learn factors that contribute to client risk of caregiver neglect; identify the barriers to determining whether caregiver neglect is intentional vs. unintentional; identify the domains of assessing allegations of neglect; demonstrate best practices in interviewing perpetrators; and identify key principles of service planning. Please note: This curriculum was revised in June 2015.

3:30 – 5:00 PM Sessions

29 Building Rapport with Individuals and Teams

Shannon Butler, Nationally Certified Guardian/Supervising Guardian, Lutheran Social Service of MN

Symphony 1,2

Through various personal and professional life experiences, the presenter will illustrate and provide concrete examples of tools and techniques that are effective in building rapport with individuals and teams.

30 The Well-being Debate: Strategies for Child Protection

Traci LaLiberte, PhD, Executive Director, Center for Advanced Studies in Child Welfare, and Kristine Piescher, University of Minnesota

Marquette 1,2

CP

Although the goals of safety and permanency for children continue as critically important mandates in child protection, the field has witnessed an increased focus on child well-being. Yet, child protection's role in attending to well-being remains unclear and little guidance is available to child welfare practitioners. In this session we will present frameworks for conceptualizing child well-being and tools for use in the field.

31 Plans for Achieving Self Support and Ticket to Work Programs

Joani Werner, BS, Area Work Incentive Coordinator, Social Security Administration

Duluth

DD

Find out about Social Security disability programs and the work incentives that can help your clients with their employment goals.

32 Race in the Workplace

Annette Steensland, MEd, SHRM-CP, Performance and Training Consultant

Marquette 3,4,5

SJ DI

Race has become a topic of many conversations within our society. It has been debated and it has been a topic that organizations, schools and communities have tried to find a middle ground. What is fair to one person is seen as an injustice to another. What is seen as unfair treatment to one is seen as just treatment. What is right and what is wrong. Is there a right or wrong? Who decides?

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Day One

Wednesday, March 22, 2017

33 Nature & Nurture: The Significance of Nature in Human Services & Human Development

Hannah Maertz, BA, BS, Outreach Coordinator, Shanna Slice, Program Manager, Tree Trust

Conrad BC



Researchers are spending more time studying the impact of outdoor experiences on human development. However, the amount of time spent outdoors & engaged with the natural world has been decreasing for humans living in developed countries. Learn how you can bring the benefits of the great outdoors to your clients and community.

34 Fostering Resilience

Daniel James Enga, CPFC, EAP Consultant, Sand Creek Workplace Wellness

Marquette 8,9



Resiliency is the ability to bounce back from life's difficult situations. Resiliency can be learned and practiced by individuals. This training will discuss the importance of personal resilience, the qualities of resilient people and provide methods for developing personal resilience.

35 The Down and Dirty Issues People Face with Social Security Disability and SMRT

Carly Pederson, Clinical Review Specialist-Lead, HCEA, State Medical Review Team, State of MN

Conrad A



This presentation will explore the step by step process of how claimants apply for Social Security Disability and how the State Medical Review Team's (SMRT) work mirrors the Social Security Administration's rules and regulations. It will also explore the various programs a SMRT determination is required and ways you may be able to help better serve your client to achieve best results.

36 Sexual Exploitation of Youth Prevention Program

Lauren E. Johnson, Senior Social Work Student, Minnesota State University, Mankato; Nou Yang, Senior Social Work Student, Minnesota State University - Mankato; Juli Fast, Southwest Crisis Center

Rochester



The purpose of this presentation is to discuss the results of our research to determine if the My Life My Choice Curriculum provided education to girls who reside in South Central and Southwest rural Minnesota with knowledge about community resources and skills, which might prevent sexual exploitation of girls.

37 How Much is Too Much? Child Protection Worker Burnout

Jennifer Droneck, Program Consultant, Quality Assurance Unit, Child Safety & Permanency Division, Minnesota Department of Human Services

Conrad D



Child protection workers are under more scrutiny than ever in Minnesota. Ongoing changes in policy and practice, increased negative media attention, lack of support and constant exposure to secondary trauma increases the risk of workers burning out. Let's start the conversation. What is burnout? What do resilient workers look like? How do we prevent burnout and build resiliency? This presentation will review research on both burnout and resiliency in the child protection field. And begin the dialogue on how to retain highly skilled, competent and committed workers using the collective knowledge of the participants.

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38 Who Are You When You Interview?

William A. Anderson, MSW, PhD, LISW, Professor Emeritus, Dept. of Social Work, Minnesota State University - Mankato

Symphony 3,4

CP AP

A refresher course for practitioners to remind them of some of the problematic roles that workers can fall into when interviewing clients and to emphasize the best listening strategies. Examples of problems will be given, followed by alternatives that fit our professional values/ethics and that work with clients.

39 Living a Life of IMPACT

Annie Meehan, Author/Certified Life Coach, AM Speaking

Salon E

SC

Our words, actions and personal stories are powerful and impactful. Life will reflect back to us what we create. Is your powerful, impactful life one of intention or one of default? Annie teaches about being purpose-driven, intentional and adaptable to change with an easy 6-point acronym IMPACT (Intentional living, Make it happen, Purpose, Adaptability, Commitment, Tools).

40 Getting the Most Out of Group Supervision

Sara DeVos, MSW, LICSW, Assistant Professor & Director of MSW Field Education, St. Cloud State University

Marquette 6,7

PT SU

Changes in licensing standards have allowed for an increase in the demand for group supervision. Strategies for supervisors and supervisees that promote engagement, consultation and learning are presented. Special considerations addressing barriers of external and internal supervision, confidentiality and assessment are also discussed.

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Day Two

Thursday, March 23, 2017

Sessions at a Glance

Meeting Space	8:30 - 10:00 a.m.	10:15 - 11:45 a.m.
Board Room 2	Disability Awareness 101	My Journey Living with an Autism Spectrum Disorder
Rochester Room	This Is What Advocacy Looks Like	
Duluth Room	Student Loan Debt: A New Barrier to Overcoming Poverty	Supporting Survivors of Sexual Violence on Campus
Conrad A	Modifying Treatment Interventions for Individuals with an FASD	MinnesotaHelp.Info®: New Tools
Conrad BC	Housing Stability: How Housing First Can Support Clinical Services	Addiction and Family Dynamics: Working With Families to Invoke Change!
Conrad D	Moving Beyond Measurement: Resources, Tools, and Partnerships to Improve Performance and Outcomes	Enjoy Public Speaking
Symphony 1 & 2	Smack is Back	Do the Opposite: How to Burn Bright... Not Out
Symphony 3 & 4	Ethical, Legal Perspectives and Risk Management	
Marquette 1 & 2	Mandated Reporting: Know When & How to Report and What Happens Next	Practice Ethics & Social Media (10:15 a.m. - 12:15 p.m.)
Marquette 3, 4, 5	Caught in the Middle of Domestic Violence	
Marquette 6 & 7	What is Privilege?	Identifying and Responding to Privileged Narratives
Marquette 8 & 9	Refugee Resettlement and Mental Health Care: Privileging the Refugee Experience	Taking a Trip to Paris: Understanding One Person's Unique Journey
Salon E	Culturally Specific Services: Best Practices for African Americans	Diversity and Inclusion: Starts with I and Ends with Us
Salon F	Paging Dr. Meredith Grey: Trauma Informed Care Needed in the E.R. STAT! (Part 1)	
Salon G	Deepen Your Skills in Person-Centered Approaches and Tools	
BREAK – 11:45 a.m. - 1:15 p.m.		
Board Room 2	Foster Care Parents Meet Up	
Meeting Space	1:15 - 2:45 p.m.	3:00 - 4:30 p.m.
Duluth Room	Give Peace a Chance: From Chaos to Calm with Mindful Movement	Give Yourself a Break: Dissolve Anxiety and Stress with Mindful Movement
Conrad A	Fetal Alcohol Spectrum Disorders: The Real Deal, Imitators, and What Lies Ahead	Developing Military Cultural Sensitivity
Conrad BC	Human Services: Self-Care Required	Gambling Problems Among Individuals with Serious Mental Illness and Substance Use Disorders
Conrad D	Civic Engagement Through Partnerships Between Social Work Educators and Practitioners	Enterprise Risk Management: It's Not Just for Finance Anymore
Symphony 1 & 2	Transitions: Achieve Positive Growth During Life & Work Changes	From A-Zuckerberg: Websites, Apps & Hacks that Make Your Life Easier
Symphony 3 & 4	Cross-Cultural Supervision and Ethics	
Marquette 1 & 2	Youth Speak on Foster Care Experiences	Gratitude Promotes Health and Happiness
Marquette 3, 4, 5	Behind the Mask of a Child Rapist	
Marquette 6 & 7	How to Clinically Treat Increasing Rates of Childhood/Adolescent Anxiety	Healing Parenting for Traumatized Youth
Marquette 8 & 9	Treating Sexually Problematic Behaviors in Individuals with Severe and Persistent Mental Illness	Finally, Let's Talk About Sex!
Salon E	Cultural Considerations in Care and Treatment: Focus on African Americans	It's OK To Call Us Queer And Other Things To Know About Us
Salon F	Paging Dr. Meredith Grey: Trauma Informed Care Needed in the E.R. STAT! (Part 2)	
Salon G		You Don't have to Change the Entire World to Change the World!

8:30 AM – 4:30 PM All Day Session

41 **Paging Dr. Meredith Grey: Trauma Informed Care Needed in the E.R. STAT!**



Colleen Beach, MSW, LSW, Specialist Professor, School of Social Work, Monmouth University, New Jersey

Salon F

AP

The final draft of the U.S. Dept. of Health and Human Services Administration for Community Living (ACL) Voluntary Consensus Guidelines for adult protective

services (APS) includes trauma-informed approaches in the foundation of this multi-disciplinary system that serves older adults and adults with disabilities. Many APS advocates want information about what trauma-informed care (TIC) is and what this approach may mean in the context of APS stat. This session will be an introduction to TIC and offer some preliminary steps to evaluate if your system is ready to become trauma-informed.

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8:30 – 10:00 AM Sessions

42 **Smack is Back**

Rick Moldenhauer, MS, LADC, ICADC, LPCC, Planner/ State Opioid Treatment Authority Representative, Alcohol and Drug Abuse Division, Minnesota Dept. of Human Services

Symphony 1,2

CP CD

Using State and National chemical dependency treatment admissions data, this presentation will illustrate the rise in both diverted pharmaceutical opioids as well as heroin. The second portion of the presentation will illustrate the symptoms of intoxication and withdrawal, including differential diagnosis with common medical and mental health conditions.

43 **Mandated Reporting: Know When and How to Report...and What Happens Next**

Jill DeMars, MA, Child Protection Social Worker, Carver County Health and Human Services

Marquette 1,2

PT CP

Mandated reporters are an integral part in protecting children in Minnesota. Individuals who work with children on a daily basis are generally the first to see signs of neglect and abuse. Mandated Reporters are required by the law to report suspected abuse or neglect. Examples of professions that are considered Mandated Reporters include: Social Workers, Mental Health Professionals, School Officials, Teachers, Therapists, Counselors, Nurses, Psychologists, and more.

44 **What is Privilege?**

Kevin Skwira-Brown, MSW, LGSW, Equity and Inclusion Trainer, and Nam Provost, Cultural Fluency Associates

Marquette 6,7

PT CP DI

Privilege is a concept that is too often misunderstood and as a result is commonly accompanied by anger and defensiveness. Come learn what privilege means and assess for yourself ways in which it might apply to you. This will be a great session for those seeking an understanding of the concept of privilege and anyone looking for an effective model for talking about it.

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45 Refugee Resettlement and Mental Health Care: Privileging the Refugee Experience

Hannah Michel, MSW, LGSW, Therapist, and Leah Sawyer Baker, MSW, LGSW, Refugee Resettlement Program Manager, Lutheran Social Services

Marquette 8,9



Minnesota is home to many newly arrived refugees, and as social service providers, it is important to know the details of the resettlement program and the groups resettled in Minnesota. This session will explain the overseas application process and the domestic resettlement program. The presenters will also address the intersection of resettlement and the mental health of refugees, barriers to accessing mental health services in the community, and psychotherapy goals attuned to the refugee experience.

46 Culturally Specific Services: Best Practices for African Americans

Angela Reed, Director, Support Services Division, Turning Point Inc.

Salon E



This report is a product of the research partnership between Turning Point, Inc., the University of Minnesota Program in Health Disparities Research, and the Office for Business and Community Economic Development. The report serves to link existing Turning Point practices to published literature, widely studied theories and models, and specific cultural values.

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47 Moving Beyond Measurement: Resources, Tools, and Partnerships to Improve Performance and Outcomes

Debra Anthony, Performance Improvement Coordinator,
Gary Mortensen, Manager, Minnesota Department of Human Services, Performance Management Division

Conrad D

AP

In 2013, the state Legislature authorized the DHS commissioner to implement a Human Services Performance Management system. This system aims to ensure effective services and positive outcomes for Minnesota residents through accountability, continuous improvement, cultural responsiveness and partnership. Now in its third year of implementation, the system is exploring innovative ways for all partners to work together to create better solutions for people served.

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48 Modifying Treatment Interventions for Individuals with a FASD

Ruth Richardson, JD, Director of Programs & National Strategic Initiatives, Minnesota Organization on Fetal Alcohol Syndrome (MOFAS)

Conrad A

DD CD

It has been reported 30% of individuals with an FASD seek chemical dependency treatment services. Fetal Alcohol Spectrum Disorders caused by prenatal alcohol exposure (PAE), produces a range of birth defects. The organic brain damage caused by PAE effects how individuals on the spectrum perceive and understand treatment and recovery. This session will provide a brief overview of the FASD Basics, strategies for counseling clients on the spectrum; as well as, provide modified treatment interventions.

49 Disability Awareness 101

Nemeh Al-Sarraj, Disability Awareness Project

Board Room 2

AP DD

This presentation will review the definition of a disability, myths and stereotypes that exist about people with disabilities in society, and the proper way to interact with and help someone with a disability as a social service worker.

50 Student Loan Debt: A New Barrier to Overcoming Poverty—and Solutions to Conquer that Debt

Darryl Dahlheimer, MSW, LICSW, Program Director, LSS Financial Counseling

Duluth

Student loan debt now surpasses total credit card debt, and 31% are 90 days late on their loans. This leads to big drops in credit score, garnishments, growing balances, and accelerated racial wealth gap. This workshop will detail repayment options, key resources, and case studies on how to help. Student loan debt is an elephant in our communities' living rooms, and people at all levels must take a leadership role in bringing solutions.

51 Housing Stability: How Housing First Can Support Clinical Services

Marti Maltby, MA, Financial Worker, Anoka County

Conrad BC

HH

Unstable housing among clients complicates clinical service provision and can reduce positive outcomes. This session examines the background, benefits and limitations of Housing First models from both a housing and a service provider model. Service providers will leave with an understanding of Housing First vocabulary, goals and methods.

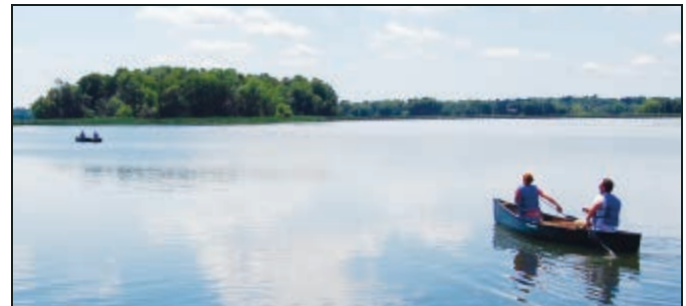
52 This is What Advocacy Looks Like

Christina Zeise, MPP, MSW, Executive Director, Minnesota Social Service Association

Rochester

PT AP SJ

As health and human service providers, we play an important role in working toward social justice. There are many ways to advocate for yourself and your clients, and we can all find ways that fit with our unique strengths and expertise. Join us to learn how MSSA is revamping its public policy program to make advocacy easier and more accessible for our members. Whether you are new to advocacy, or have been active for many years, learn what you can do to work toward social justice and how MSSA can help you in your advocacy.



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8:30 – 11:45 AM Sessions

53 Ethical, Legal Perspectives and Risk Management

Brian Nystrom, MSW, LICSW, LMFT, ACSW, President/CEO, Nystrom & Associates

Symphony 3,4

PT AP ET

This session is designed for clinicians or supervisors regardless of years of practice. The session will identify core ethical principles underlying good clinical practice, landmark legal cases impacting clinical practice, risk management strategies, minimizing liability, managing ourselves as clinicians and evaluating actual case examples. Participants will integrate their own knowledge plus new material from an “ethics/risk management” perspective. Brian brings a cogent perspective from many years as a clinician, supervisor and program creator.

54 Deepen Your Skills in Person-Centered Approaches and Tools

Angie Hart, BS, VP of Quality Enrichment and Assurance/QDDP, STAR Services

Salon G

PC

Person-centered tools and approaches give us opportunities to learn so much and help create meaningful plans for significant change in life. If we are not careful though, it may feel that we are completing tools and plans for a person instead of with a person. How do we ensure our approach and pace support the person? How do we deepen our ability to listen and greater understand people? Learn with us in this interactive session.

55 Caught in the Middle of Domestic Violence

Jim Holler, Chief of Police, Liberty Township Police Department (Retired), Holler Training

Marquette 3,4,5

CP

This presentation will focus on the issue of domestic violence and child abuse and the devastating toll it has taken on our children. Children who become victims, either from abuse, neglect, or witnessing parental domestic violence are more likely to become involved in youth violence and other violent adult behaviors. Child abuse and domestic violence often occur within the same family and are linked in a number of ways that have serious consequences for the safety of all family members. This workshop will also address the ever growing problem of child fatalities due to domestic abuse and neglect in the United States. No matter how these deaths occur, one fact remains, these perpetrators are usually individuals responsible for the care and supervision of the children, and most likely the incidents occur in the home. Children caught in the middle of domestic violence are often overlooked by CPS and law enforcement. This workshop will demonstrate the importance of recognizing that these children are often victims, not only by witnessing the violence but many times by being abused as a result of the violence.

10:15 – 11:45 AM Sessions

56 Diversity and Inclusion: Starts with I and Ends with Us

Angela Reed, Director, Support Services Division, Turning Point Inc.

Salon E

DI

Diversity and inclusion is about focusing on the needs of every individual and ensuring the right conditions are in place for each person to achieve his or her full potential. Inclusion should be reflected in an organization’s culture, practices and relationships that are in place to support a diverse workforce. If you want to build a truly inclusive culture—one that leverages every individual’s passion, commitment, and innovation, and elevates employee engagement, empowerment, and authenticity—you should be willing to break down the narrow walls that surround diversity and inclusion, and limit their reach. This presentation will teach you the foundational principles to identify and address diversity and inclusion within the work place.

57 Supporting Survivors of Sexual Violence on Campus

Meggie Royer, Education & Outreach Coordinator, Women’s Advocates; Hannah Laniado, Sexual Violence Prevention Specialist, MNCASA

Duluth

SJ

This session provides an overview of the adverse effects of misinformed reporting procedures on college campuses for student sexual violence survivors, investigation methods that reinforce victim-blaming, and ways community members can advocate for improved procedures for student survivors. In addition, this session offers an overview of current changes colleges are implementing to improve their responses to survivors, and concludes with ideas for community-wide efforts to enact positive change for student survivors in a campus context.

58 MinnesotaHelp.Info: New Tools

Kjersta Meium, MSW, LGSW, Direct Support Worker Registry Specialist, Consumer Choices Team, and Darci Buttke, MPP, Care Transitions Policy Analyst, Minnesota Department of Human Services

Conrad A

AP DD

In 2013, the MN legislature passed a law requiring an online registry to help people who use PCA services find direct support workers. Direct Support Connect, an online registry to help people who use PCA services find direct support workers, will roll out in 2017. Staff will be hitting the road in the spring to start signing up workers enrolled as Personal Care Attendants. Learn how the new tool will work and learn how you and your clients can use the tool to find a good match. Other 2017 changes coming to Minnesotahelp.info will be highlighted.



59 My Journey Living with an Autism Spectrum Disorder

Nemeh Al-Sarraj, Disability Awareness Project

Board Room 2

MH

I will explore my journey of living with autism spectrum disorder in a way that brings awareness to important issues involving working with those with autism including assessment and support.

60 Addiction and Family Dynamics: Working With Families to Invoke Change!

Tanya Friese, MSW, LICSW, MN-CGC, LADC, Manager of Health Department, and L yndsie Murphy, MA, LPCC, MN-CGC, Project Turnabout

Conrad BC

AP CP CD

Addictions to alcohol, drugs and/or gambling is stealing family values in all aspects of their lives. In this session we will introduce providers and professionals to the family dynamics that are impacted by the harmful effects addiction has on the family when present in the household. We will also provide attendees the useful tactics to engage family members in providing a safe way to affect change in the addictive lifestyle. We will conclude with the influence that providers and families have in experiencing sustainable recovery.

61 Do the Opposite: How to Burn Bright...Not Out

Josh Dye, BS, MPNA, Founder, Convene, LLC

Symphony 1,2

SC

Conform. Do what everyone else is doing. Never quit. Society (and your industry) has laid out a path for you to follow, but is it right for you? Following the masses leads to wasting away in rush hour traffic, waiting in long lines, debt, stress, burnout, and living life in conflict with your values. There is a better way. In this session, Josh will share ways that doing the opposite of the norm in work and live leads to greater impact and fulfillment!

62 Enjoy Public Speaking

Carol McCormick, BS, Storyteller and Trainer

Conrad D

SU

Do you feel nervous about presenting in front of a group? Do you want to be able to engage heart to heart with your audience about what you're passionate about, but feel blocked? Professional storyteller, public speaker and trainer Carol McCormick will give you playful, fun tools that help make public speaking fun.

63 Identifying and Responding to Privileged Narratives

Nam Provost, Director of Inclusive Excellence, and Kevin Skwira Brown, Cultural Fluency Associates

Marquette 6,7

PT CP DI

Discussions and debates about diversity and inclusion abound, yet often they are filled with arguments that are either illogical or are skewed by privileged narratives. This interactive workshop will invite you to see, name and respond to such arguments using an example of public written discourse. In the process you will gain skill and confidence in recognizing and responding to such misleading narratives.

64 Taking a Trip to Paris: Understanding One Person's Unique Journey

Terilyn Malone, Director of Training, Thomas Allen

Marquette 8,9

DI DD

Every trip you take involves minor or major adjustments along the way. We should expect the same evolutionary process to occur when we try to understand another human being. Take the time to discover the person 1st by deciphering their own indigenous language. Ask yourself...Why is it important to communicate WITH a person using their primary language? How do we help individuals at different cognitive levels lead meaningful lives? Taking a Trip to Paris helps you support ONE individual's UNIQUE journey through life!



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10:15 AM – 12:15 PM Session

65 Practice Ethics and Social Media

Jeremy Carney, MSW, PhD, Professor of Social Work, and Director, Title IV-E Child Welfare Training Program, Minnesota State University - Moorhead

Marquette 1,2



Most helping professionals and human service organizations now use social media in some way. What are the potential hazards of social media use and how can helping professionals avoid these pitfalls? Dr. Carney will explore these issues and the ethical implications involved. An engaging discussion of professional ethics and modern technology will be the focus of this session. This presentation will use a number of case studies to illustrate these ethical dilemmas, so come prepared to participate!

Foster Care Parents Meet Up
Thursday 11:45 AM – 1:15 PM
Board Room 2

Foster care parents can take this time to meet with each other and discuss areas of concern as well as celebrate successes with one another. There is no moderator for this meet up.

1:15 – 2:45 PM Sessions

66 How to Clinically Treat Increasing Rates of Childhood/Adolescent Anxiety

Heather Siek, PsyD, LPCC, Outpatient Therapist, The Village Family Service Center

Marquette 6,7



Childhood and adolescent anxiety is increasing in today's schools, homes and communities. This presentation will provide reasons behind why the increases are occurring and ways to treat it clinically. This session will also provide specific case examples.

67 Cultural Considerations in Care and Treatment: Focus on African Americans

Angela Reed, Director, Support Services Division, Turning Point Inc.

Salon E



This is an experience that should be enjoyed and thought of with enthusiasm. People rarely take the time to talk about culture. Society has created an aura of fear regarding cross-cultural interactions and knowledge of cultural norms. This is a unique

opportunity to understand the community you serve in a new way. The techniques used and information shared can be used to understand your patients, as well as your neighbors and your community. We hope to shed a light on the African American culture and ignite a personal spark within each participant to engage in culturally aware care and practice through all interactions, big and small.

68 Civic Engagement Through Partnerships Between Social Work Educators and Practitioners

Rebecca Hoffman, MSW, LISW, Doctoral Candidate, Assistant Professor and Field Director, Bemidji State University

Conrad D



The empowerment of people who are oppressed is rooted in the Social Work profession's core values. Today, more than ever, civic engagement of social work professionals is crucial. This presentation examines the historical intersections of civic engagement and social work education from a lens of critical theory. Implications for contemporary engaged civic action with social work educators will be explored.

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69 Treating Sexually Problematic Behaviors in Individuals with Severe and Persistent Mental Illness

Amanda Hoerst, MS, LPCC, Senior Therapist, Forensic Treatment Services, Minnesota Department of Human Services

Marquette 8,9



The self-regulation treatment program is a service within State Operated Forensic Services Psychology Department dedicated to providing comprehensive treatment for individuals with severe and persistent mental illness who have demonstrated a pattern of sexually problematic behavior. The program is offered to patients residing within DHS Forensic Treatment Services programs including Forensic Transition Services and the Minnesota Security Hospital. The self-regulation programming draws heavily upon the Risk/Need/Responsivity model and Good Lives Model.

70 Human Services: Self-Care Required

Paige Thompson, LGSW, CSW, Mental Health Consultant, Southwest West Central Service Cooperative

Conrad BC



It is no secret that helping professionals work tirelessly for those they serve. What is often minimized or avoided entirely is the immense need for those same professionals to ensure they practice self-care. In this interactive session, participants will review the importance of tending to self-care while enhancing abilities to achieve balance between personal and professional responsibilities, utilize healthy coping skills, and participate in stress-relieving exercises to build and sustain emotional well-being.

71 Give Peace a Chance: From Chaos to Calm with Mindful Movement

Jean Fraser, CYT, President, Soma Ventures

Duluth



Do you serve clients struggling with anxiety and stress? Do you wish you had ways to ease their pain on the spot? This training provides fresh and effective emotional regulation skills that will serve for a lifetime. Mindful Movement is gentle, powerful, and easy-to-learn. Take your clients from chaos to calm and watch resilience emerge. Join Jean Fraser as she brings over 35 years of experience in yoga and movement arts to this bold and empowering training.

72 Youth Speak on Foster Care Experiences

Nicolas Vogel, Agency Policy Specialist, Minnesota Department of Human Services; Panel of 3 Youth

Marquette 1,2



This session will feature a panel of three youth who are ready to share their stories about their foster care experiences—what was helpful to them, what improvements can be made in the foster care system, and what professionals need to know about working with adolescents in foster care. This will be a great opportunity to ask questions outside of the foster care setting. These youth have a vast array of experiences and are willing to share their honest opinions. Please bring your challenging questions and find out the answers to the things you always wanted to know.

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73 Fetal Alcohol Spectrum Disorders: The Real Deal, Imitators, and What Lies Ahead

Amy Gross, PhD, Minnesota Organization on Fetal Alcohol Syndrome (MOFAS)

Conrad A



It has been reported 1 in 20 school children may have a Fetal Alcohol Spectrum Disorder caused by prenatal alcohol exposure. FASD is a brain-based disorder with a wide range of symptoms and affects individuals to varying degrees. This session discusses the impact of prenatal alcohol exposure and identifies trends in alcohol use and differential diagnoses of Fetal Alcohol Spectrum Disorder.

74 Transitions: Achieve Positive Growth During Life & Work Changes

Josh Dye, BS, MPNA, Founder, Convene, LLC

Symphony 1,2



This session features LIVE music! Life is full of transitions. We change jobs, move on from relationships, lose loved ones, and reflect on our values. These moments of change have great opportunity, but also risk. They lead to growth OR setbacks emotionally, physically & financially. In this session you will

enjoy thoughtful live music that will put things in perspective. Then, Josh will share strategies to achieve growth during times of transition!

1:15 – 4:30 PM Sessions

75 Behind the Mask of a Child Rapist

Jim Holler, Chief of Police, Liberty Township Police Department (Retired), Holler Training

Marquette 3,4,5



This workshop will follow the life of a young child who at an early age began to be molested and raped by a caregiver. We will follow the traumatic events of her life into adulthood. Following this story will help provide participants with the tools needed to not only investigate such a crime but also provide the on-going services for the child victim. This workshop will identify the problem of child molestation and provide investigators with insight into what these children experience, and how that knowledge can assist in better understanding the crime. This information will help you to complete a more thorough investigation, which will greatly improve your odds of achieving a successful arrest and prosecution of the perpetrator. Other service providers such as Child Protective Services, Victim Witness, Mental Health, and the CAC will also

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learn the importance of ongoing services to assist the child as they learn to deal with the aftermath of such a traumatic event in their life. This workshop will define the two most prevalent sexual offenders, the situational offender and the preferential offender and how each works to carefully groom and seduce their child victims through the use of attention, affection, kindness and gifts.

76 Cross-Cultural Supervision and Ethics

Maima Fant, MSW, LICSW, Field Program Coordinator, and Richard Coleman, MSW, LGSW, Assistant Professor/Social Work Coordinator, College of St. Scholastica

Symphony 3,4



As the social work field expands, the need for implementation of cross-cultural supervision and its ethical practices increases. The session will address how to nurture cultural awareness, explore power differentials and apply NASW ethical standards within the supervisory relationship to support best practice. The time together will be a mixture of engaging dialogue, case examples, and incorporating practical tools to be used in practice.

3:00 – 4:30 PM Sessions

77 You Don't Have to Change the Entire World to Change the World! Learning to Become a Positive Change Agent

Jennifer May, Vice President of Operations, Star Services

Salon G



“Change” is a buzz word that can cause instant groans and frustration, but it’s critical to successful business and personal outcomes. Through storytelling and multi-media examples, participants will be exposed to positive and inspiring content that shows how to successfully embrace and thrive in times of change. Gain tools, encouragement and affirmation about how you can assume the responsibility for becoming a positive change agent in your life, and with others.

78 Enterprise Risk Management: It's Not Just for Finance Anymore

Kendrick Lewis, MSW, LICSW, Enterprise Risk Management Coordinator, Hennepin County Human Services

Conrad D

Enterprise Risk Management involves using a systems approach to managing risk across organizations. As such, social workers are well positioned to thrive in this environment, both as risk managers and for helping to create a risk-aware environment. In order to be creative and take the risks necessary for our organizations to move forward in a changing world, we need to understand risk and manage it effectively.

79 From A-Zuckerberg: Websites, Apps & Hacks that Make Your Life Easier

Josh Dye, BS, MPNA, Founder, Convene, LLC

Symphony 1,2



Social work is as busy and hectic as ever. Are email overload, daunting documentation requirements, boring meetings, and overwhelming clients (and co-workers!) driving you to the brink? Let technology help! In this fast moving session, Josh will share websites, apps, and technology hacks that will increase your productivity, efficiency & learning, and help relieve stress.

80 It's Okay to Call Us Queer—and Other Things to Know About Us

Kathy Hermes, Program Coordinator, Lutheran Social Service

Salon E



This presentation is part of educational outreach done by Lutheran Social Service’s “Together for Youth,” a social support group for lesbian, gay, bisexual, transgender, queer, questioning and allied youth. Participants will gain a deeper understanding of the challenges young people face from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, and transphobia. Microaggression and microaffirmations will be covered as well as the important roles of allies.

81 Developing Military Cultural Sensitivity

Sean Fields, PsyD, MA, Program Supervisor/Therapist, and Jodi Schipp, BA, Domestic Abuse Project

Conrad A



This presentation is designed to be an introduction to working with veterans in a social service setting. This presentation will include such topics as navigating the VA, an overview of military culture, as well as military cultural strengths and how to leverage them. Jodi Schipp, BA, and Sean Fields, PsyD, are both veterans and work with veterans at Domestic Abuse Project.

82 Gratitude Promotes Health and Happiness

Carol McCormick, BS, Storyteller and Trainer

Marquette 1,2



Mentally strong people choose to exchange self-pity for gratitude. Whether you choose to write a few sentences in a gratitude journal or simply take a moment to silently acknowledge all that you have, giving thanks can transform your life. Learn the 7 scientifically proven benefits of gratitude. An Attitude of Gratitude can also improve your resilience, perseverance and creative problem solving ability.

83 Give Yourself a Break: Dissolve Anxiety and Stress with Mindful Movement

Jean Fraser, CYT, President, Soma Ventures

Duluth



Anxiety and stress zap energy, impair focus, and leave us feeling depleted. What would your life be like if you had simple tools that would: Lift your mood? Increase energy and focus? Relieve pain? Improve sleep? This training teaches how to find comfort and peace through easy movements and simple mindful exercises. Done standing or seated in a chair—no previous experience is necessary to reap the benefits of this simple yet profound modality.

84 Gambling Problems Among Individuals with Serious Mental Illness and Substance Use Disorders

Sheryl Anderson, MS, BCC, LADC, ADCR-MN, NCGC-II, Coordinator, Vanguard Center for Gambling Recovery, Project Turnabout

Conrad BC



Data from a recent NESARC study (National Epidemiologic Survey on Alcohol and Related Conditions) revealed that

49% of respondents with a history of problem gambling received treatment for mental health or substance problems, of these respondent none received treatment or education for problem gambling.

85 Healing Parenting for Traumatized Youth

Heather Siek, PsyD, LPCC, Outpatient Therapist, The Village Family Service Center

Marquette 6,7



Youth who have experienced trauma often exhibit behaviors that can be confusing and challenging for parents. This presentation will give an overview of behaviors that often occur as a result of trauma and explain the function these behaviors often serve. This presentation will also provide specific parenting techniques parents can use to help comfort, support and improve the parent-child relationship during challenging times and behaviors.

86 Finally, Let's Talk About Sex!

Terilyn Malone, Director of Training, Thomas Allen

Marquette 8,9



The sexual norms in our society are rapidly changing. Now, more than ever—opening up and talking about this topic helps individuals discover the pleasures, risks and responsibilities of being sexual. How do you educate people when they have different levels of intelligence and physical abilities? Learn what others are currently teaching, then find out where you can obtain these valuable resources. Have FUN discovering this evolutionary topic so few DARE to discuss!



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Sessions at a Glance

Meeting Space	8:30 - 10:00 a.m.	10:15 - 11:45 a.m.
Rochester Room	Getting Your Master's Degree in Social Work: When, Why & How?	
Duluth Room	T'ai Chi for Wellness and Stress Management	Reflection on Life Challenges with Depression: A Personal Story
Conrad A	Data, Data Everywhere...Why Do We Collect It & Why Do We Care?	Mental Health Case Management for Men who Abuse: A New Paradigm for Ending Violence Against Women
Conrad BC	Suicide Risk Assessment and Prevention	Workplace Safety for Scattered Site Staff
Conrad D	Delinquency Trajectories of Crossover Youth	A Public Health Analysis of Intergenerational Child Maltreatment
Symphony 1 & 2	Cultural Considerations in Child Abuse Investigations: A Multidisciplinary Panel Conversation	
Symphony 3 & 4	Breaking Barriers to Access: Improving Communication Through the Bridges Out of Poverty Lens	Build Your Ethics Toolbox: Applying Regulations to Social Work Practice (10:15 a.m. - 12:15 p.m.)
Marquette 1 & 2	Elements of Multicultural Supervision	Building Communities through Collaboration with Law Enforcement Agencies
Marquette 3, 4, 5	Learning to Listen: Defusing a Hostile Situation	The Echoing of a Nightmare: Be a Child's Superhero!
Marquette 6 & 7	We are "THAT" Mom!	Defining Trauma: An Inside Look at Trauma and PTSD
Marquette 8 & 9	Healing from Shame	
Salon ABCD	Expo Hall Open 8:00 a.m. - 1:00 p.m.	
Salon E	Principles of Healing in the Therapeutic Encounter	Healing the Wound: The Family's Journey through Chemical Dependency
Salon F	Women Marching Toward Diversity and Inclusion	Creating Mental Harmony
Salon G	Effective Mindfulness Practices for You & Your Clients	
BREAK — 11:45 a.m. - 1:15 p.m.		

Meeting Space	1:15 - 2:45 p.m.	3:00 - 4:30 p.m.
Duluth Room	Felony Unfriendly: Overcome Criminal, Credit, and Rental History Barriers in a Housing Search	Social Security Disability Law
Conrad A	Partnerships with Peer Providers in Mental Health and Social Services	Foster a Welcoming Environment for LGBT Older Adults
Conrad BC	Harm Reduction In Chemical Use and Mental Health	Boundaries and Ethics—Navigating the Grey in an Ever-Changing World (3:00 - 5:00 p.m.)
Conrad D	Remembering to Be "Social" in Our Work	Logic Models: Transforming Programs to Enhance Services and Attract Funders
Symphony 1 & 2	Mandated Reporting: Ethical Considerations	
Symphony 3 & 4	The Pursuit of Equity: Demystifying Safe Space	Introversion: The New Diversity Topic
Marquette 1 & 2	Ethical Social Work: What's New and Old? (1:15 - 3:15 p.m.)	
Marquette 3, 4, 5	Situational Awareness	
Marquette 6 & 7	Prevalence of Autism in MN: Trends, Equity and Increasing Access to Early Diagnosis and Intervention	Moving Home Minnesota: Person Centered Transitions
Marquette 8 & 9	Trauma Informed Care: The Need for Parallel Process for Staff	Creative Therapeutic Techniques
Salon F	CPR for the Mind	Gun Violence: A Growing Public Health Challenge
Salon G	Why is (S)He so Angry? Effective Communication in an Age of Strained Race/Class Relations	

8:30 – 10:00 AM Sessions

87 Learning to Listen: Defusing a Hostile Situation

Jim Holler, Chief of Police, Liberty Township Police Department (Retired), Holler Training

Marquette 3,4,5

CP AP MH



Service providers spend countless hours behind the scenes assisting those in need. At times they may be forced to deal with individuals who become angry at the level of service being provided to them and will attempt to take their aggression out on the service provider. Despite efforts to control, circumstances can very quickly escalate into potentially dangerous situations. This presentation will stress the importance of not only recognizing a potentially dangerous situation, but also how to defuse it as quickly as possible. The presentation will also offer some life saving tips for the service provider on how to protect themselves if violence erupts. The safety and well-being of any service provider is essential in any case involving child abuse and/or neglect. This workshop will help the service provider to use communication techniques that can very quickly defuse a hostile situation.

88 We are "THAT" Mom!

Stephanie Danielson and Kim Kubicek, Moms/Caregivers

Marquette 6,7

In your profession, you encounter many different types of caregivers. One type is "THAT" Mom who demands more of your time, energy, and creativity for her child. You know, the one who calls or emails you every day. We are "THAT" Mom! We want to help change your perception of us and why we do what we do. We will share our personal journeys with autism, anxiety, and depression.

89 Getting Your Master's Degree in Social Work: When, Why & How?

Zer Vang, MSW, Director of Admissions, University of Minnesota - Twin Cities; Lois Bosch, PhD, LISW, Professor and MSW Program Director, Augsburg College; Deola Brumbaugh-Johnson, PhD, Assistant Professor, MSW Program Director, St. Cloud State University; Lake Dziengel, PhD, MSW, LICSW, Assistant Professor and Director of Graduate Studies, University of Minnesota - Duluth; Sarah Ferguson, MSW, MA, PhD, LISW, MSW & BSW Program Director and Associate Professor, St. Catherine and the University of St. Thomas; Paula Tracey, MSW, LICSW, Assistant Professor/Field Director, The College of St. Scholastica; Stephanie Van Pay, MSSW, Program Coordinator, Part-Time MSW Program, University of Wisconsin - Madison; David Beimers, PhD, Associate Professor, Dept. of Social Work Chair, Minnesota State University - Mankato

Rochester

AP

A panel of representatives from Minnesota/regional MSW programs will focus on providing information about the MSW degree and the benefits and timing of returning to graduate school. Bring your questions for the panel!

90 Delinquency Trajectories of Crossover Youth

Minhae Cho, MSW, Research Assistant/Doctoral Student, University of Minnesota - Twin Cities

Conrad D

SJ CP

This presentation highlights that a substantial proportion of crossover youth (59%) experienced recidivism within three years of their first offense. In particular, out-of-school suspensions increase the risk of recidivism among crossover youth. This presentation provides statistical support for policymakers, practitioners, and school personnel to facilitate policy changes through multi-system collaboration to develop alternatives for punitive responses to behavioral issues exhibited by crossover youth, thus breaking the cycle of at-risk youth involvement in multiple systems.

91 T'ai Chi for Wellness and Stress Management

David X. Swenson, The College of St. Scholastica

Duluth

SC

T'ai chi has gained much popularity in recent years as an effective and evidence-based method for mindfulness, relaxation, low impact exercise, and general stress reduction. It has also been widely used in gerontology for improving balance, range of motion, and confidence. This presentation will review current research regarding the psychological and health benefits of t'ai chi, brief history, underlying mechanisms, myths, and cautions in practice. Participants will be able to participate in a brief demonstration.

92 Suicide Risk Assessment and Prevention

Geoff Meyer, MA, Geoff Meyer Training

Conrad BC

AP MH

This workshop explores the leading methods for suicide risk assessment and discusses the steps to take and to not take when there are concerns that an individual may harm themselves.

93 Principles of Healing in the Therapeutic Encounter

Mathias Karayan, MA, LADC, Family Counselor, New Beginnings Minnesota

Salon E

PT MH

This interactive session will address innovative principles of therapeutic healing. We will look at principles of the therapeutic encounter, the therapist's role in this encounter and blocks to healing. Words like relief, release and healing will be discussed. What is the foundation for healing to occur? We will look at real forgiveness and the role it plays between the therapist and client.



94 Elements of Multicultural Supervision

Lois A. Bosch, PhD, LISW, Professor/MSW Program Director, Augsburg College; Laura S. Boisen, PhD, LICSW, Professor/MSW Field Coordinator; Bibiana Koh, PhD, LICSW, Assistant Professor/BSW Program Director, Augsburg College

Marquette 1,2



This presentation will feature discussion and content around practice issues, ethics, including cross-cultural and boundary issues in supervision. There will be interactive discussion as well as some didactic information regarding supervision. The session will begin with a brief review of common definitions and ethical decision-making tools to be used in supervision. Attendees will be able to explore individual and agency strengths and challenges related to multicultural supervision issues in discussion.

95 Breaking Barriers to Access: Improving Communication Through the Bridges Out of Poverty Lens

Jim Ott, MA, S.Psy.S., School Psychologist/Consultant, Aha Process, Inc.

Symphony 3,4



Building relationship is essential to effective services. Bridges Out of Poverty provides a lens for viewing communication between individuals and institutions that can facilitate removal of barriers that may be limiting access and opportunity. This workshop will assist individuals and the institutions they serve to better understand how communication and identity are interwoven. Beginning with self-assessment, participants will consider strategies that will help themselves and their institutions better serve their clientele.

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96 Data, Data Everywhere: Why Do We Collect It & Why Do We Care?

Karl G. Urban, MPA, Senior Research Manager, Walter R. McDonald and Associates, Inc./Team Lead, Adult Protective Services Technical Assistance Resource Center, DHS; Margie Aranda, Project Manager, Adult Abuse Reporting Center; Joseph Woyee, Adult Protection Research Analyst Specialist; Mary McGurran, LSW, Adult Protection Policy Specialist, Minnesota Dept. of Human Services

Conrad A



National Adult Maltreatment Reporting System (NAMRS) This national presentation in conjunction with Minnesota Department of Human Services Adult Protective Services (APS) will show how vulnerable adult maltreatment data can be used to improve unit performance. The data presented will help teams understand why data is being collected, how to use the data to determine trends in service needs, and understand how this information will help develop plans to better direct resources to fill service gaps.

97 Women Marching Toward Diversity and Inclusion

Alicia Donahue, MSW, LGSW, Leadership Team, Women's March Minnesota

Salon F



Learn how the Women's March Minnesota worked to promote conditions that encourage respect for cultural and social diversity within the United States and globally. Leave being able to identify ways to get involved and promote policies that safeguard the rights of and confirm equity and social justice for all people.

8:30 – 11:45 AM Sessions

98 Cultural Considerations in Child Abuse Investigations: A Multidisciplinary Panel Conversation

Julie Stauffer, LICSW, Forensic Interviewer and Trainer, CornerHouse; Abbie Diehl, Family Services Director, Cornerhouse

Symphony 1,2



This panel discussion will include representatives from the team of multidisciplinary professionals involved in child abuse investigations (including law enforcement and child protection investigators, forensic interviewers, interpreters, victim advocates, and medical and mental health professionals) who will share their various perspectives on the integration of cultural considerations in their work, along with providing the opportunity for questions from the audience.

99 Healing from Shame

Tamarah L. Gehlen, LMFT, LADC, CFLE, Chief Program Officer, House of Charity

Marquette 8,9



Attendees will learn about shame, guilt, trauma and how to approach, recognize and how to help clients identify their shame and begin the healing process.

100 Effective Mindfulness Practices for You & Your Clients

Laura Thomas, Story Synthesizer, Laura Thomas Life

Salon G



This workshop focuses on effective mindfulness practices that can specifically help practitioners to reduce stress, increase resilience, improve productivity, and improve quality of life for themselves while tapping into deeper levels of empathy with which to serve their clients.

The poster for 'Bridges Out of Poverty' features logos for 'aha! Professionals and Communities', 'Bridges', 'ACHIEVEMENT ALLIANCE', and 'NETWORK'. It lists three main strategies: 'Remove barriers', 'Move people to self-sufficiency', and 'Build community sustainability'. Below these, it asks 'What does it look like?' and lists 'Book', 'Training Options', 'National Movement', and 'Set of Poverty Reduction Strategies'. At the bottom, it includes the website 'ahaprocess.com', phone number '(800) 424-9484', social media handles '@ahaprocess' and '#bridgesoutofpoverty', and the 'Bridges Out of Poverty' logo.

10:15 – 11:45 AM Sessions

101 Mental Health Case Management for Men Who Abuse: New Paradigm for Ending Violence Against Women

Carrie Crockford, MA LAMFT, MA, LAMFT, Men's Program Supervisor, Domestic Abuse Project; Jodi Schipp, BS, Case Manager, Domestic Abuse Project

Conrad A



Effective programming for clients referred for domestic violence perpetration requires an understanding of the complex dynamics of domestic violence balanced with a programmatic emphasis on individual accountability, and an understanding of often conflictual system impact on individuals. With the increased presentation of multiple systemic barriers to safety and stability (e.g., homelessness, economic stress, mental health, chemical use, trauma experience), case management services have become an essential part of the healing process and accountability expectations.

102 A Public Health Analysis of Intergenerational Child Maltreatment

Dylan Galos, MS, Doctoral Candidate in Epidemiology, Center for Advanced Studies in Child Welfare, University of Minnesota

Conrad D



Child maltreatment is a serious problem affecting psychological functioning, development, education and health. It is commonly believed that victims of child maltreatment are likely to become offenders in adulthood. Using 15 years of linked records from child protective services, this public health approach assesses the frequency of intergenerational child maltreatment at a population level, risk factors and demographic correlates, the impact of intergenerational maltreatment on education and the accuracy of adult recall of maltreatment history.

103 Defining Trauma: An Inside Look at Trauma and PTSD

Eric Strom, LICSW, MN Trauma Project

Marquette 6,7



This presentation will look at the neurobiological impacts of trauma and how it impacts the brain. Why we respond the way we do during and after traumatic events? What is it about our brains that cause us to be "stuck" in trauma? We will explore the workings of our biological response to traumatic events and toxic stress. There will be a brief exploration of current treatment methods and how they can benefit you and your clients.

104 Workplace Safety for Scattered Site Staff

Geoff Meyer, MA, Counseling Psychology, Geoff Meyer Training

Conrad BC



When our job duties take us outside the office and into the homes of the individuals we serve. Follow these steps to help keep yourself safe when you are in an environment that you can't control.

105 Healing The Wound: The Family's Journey Through Chemical Dependency

Mathias Karayan, MA, LADC, Family Counselor, New Beginnings Minnesota

Salon E



This presentation will challenge the practitioner to look at Chemical Dependency in the family system from an innovative point of view. It will include practical therapeutic encounters for education, therapy and intervention. Being solution based, this presentation will address a healing perspective on how to work with afflicted families. It will also challenge beliefs & concepts the practitioner may assume to be true. This seminar is interactive.



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Day Three

Friday, March 24, 2017

106 Reflection on Life Challenges with Depression: A Personal Story

Brian J. Guess, MSW, MS, Peer Support Specialist II, and Sherrilee Mielke LCSW, MSW, Horizon Homes Inc.

Duluth

MH

Brian will share personal experience of challenges faced while growing up with depression, possible contributing factors and personal choices. Individuals will gain personal knowledge and understanding of early implications of depression impact on childhood, reactions and coping skills in adolescents, early adulthood and the latter years. A candid presentation to open discussion about the complexity of brain illness and life events.

107 The Echoing of a Nightmare: Be a Child's Superhero!

Jim Holler, Chief of Police, Liberty Township Police Department (Retired), Holler Training

Marquette 3,4,5

CP

Children who fall prey to the cunning and ruthless child molester are often haunted by what has happened to them and feel that there is no way out. These children are looking for a superhero to help them heal and become a survivor and that is where each of you become that 'superhero' by playing a huge part in that child's life! Being a "superhero" is tough and takes an optimistic person with high self-esteem who truly believes in themselves and this presentation is designed to give you the boost that you need to succeed in being that superhero!

108 Building Communities through Collaboration with Law Enforcement Agencies

Consoler Teboh, LISW, ACSW, Professor, and Sylvester Amara Lamin, PhD, Professor, Saint Cloud State University

Marquette 1,2

AP SJ

Community policing has become the mantra of American policing. Police departments work with community partners in many areas. Recent studies show that policing is labored because officers assist people with a wide array of problems instead of crime fighting. We argue that partnering with social services professionals will not only free police departments from staffing shortages, but will also increase their efficiency and effectiveness fighting crime, their well-being and help build stronger and better communities.

109 Creating Mental Harmony

Nadine Dassier, BA, Reiki Master, Intuitive Healer & Teacher, and Frannie Dassier, EnergyWorks!

Salon F

SC

We live in a fast paced world, where we are inundated with information, and constantly bombarded with stress inducing stimuli. If you want to live with greater peace of mind, you must

learn to create mental harmony from within. During this session, we will offer and explore many tools you can use to keep your mind calm, centered, clear and focused despite what's going on around you.

10:15 AM – 12:15 PM Session

110 Build Your Ethics Toolbox: Applying Regulations to Social Work Practice

Megan Gallagher, JD, Regulations Analyst, and Michelle Kramer-Prevost, LISW, Minnesota Board of Social Work

Symphony 3,4

AP ET

Ethical dilemmas are guaranteed in social work practice. Unlicensed practice. Texting and "friending" clients. Colleagues falsifying records. Expand your knowledge of licensing responsibilities and learn how to incorporate Board regulations into ethical social work practice

1:15 – 2:45 PM Sessions

111 Why is (S)He so Angry? Effective Communication in an Age of Strained Race/Class Relations

Renita Robinson, MEd, MA, LGSW, ABD-EdD, CEO, Teach 'Em To Fish, LLC

Salon G

CP AP DI

Effective communication across cultural lines is not for the faint of heart. During an age of strained race and class relations, clarity in communication is vital to provide excellent social service support and avoid missteps. "Minnesota Nice" is not an honorable option. Cultivating authentic presence opens opportunities for excellence in providing social services and reminds us why we chose this field.

112 Felony Unfriendly: Overcome Criminal, Credit, and Rental History Barriers in a Housing Search

Josh Dye, BS, MPNA, Marketing & Outreach Coordinator, HousingLink

Duluth

HH AP

Criminal, credit, and rental history barriers make it difficult for renters to find housing. With the absence of "felony friendly" landlords, renters must take a new approach. This training maps out a process to follow that saves renters (and their case managers) time and money. You will also learn about the 4 major types of subsidized housing in Minnesota, and get an overview of the HousingLink website.



Day Three

Friday, March 24, 2017

113 **Mandated Reporting: Ethical Considerations**

Michelle Harris, MHSCP, DCFI, Trainer and Nancy Seger, LISW, Forensic Services Director, CornerHouse

Symphony 1,2

CP

Numerous categories of professionals are mandated reporters of suspected child maltreatment in Minnesota; however, any individual may report suspicions of child maltreatment. This presentation will provide a protocol for gathering information needed in a mandated report, and will explore specific ethical questions using a framework for decision-making and documentation.

114 **Partnerships with Peer Providers in Mental Health and Social Services**

Melissa Hensley, PhD, LISW, Associate Professor, Augsburg College

Conrad A

SU

This presentation will provide information about the roles of certified peer specialists and other peer providers within service systems. We will also discuss peer providers' experiences with professional supervision, and explore ways that non-peer supervisors can support peer specialists to make the biggest impact in the workplace.

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Friday, 8:00 a.m. – 1:00 p.m.

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115 CPR for the Mind

Victoria Johannes, M.S., Social Worker, Sherburne County; Julie Mayo, Case Aide, Aging and Disabilities Unit, Behavioral Health & Protection Unit, Sherburne County

Salon F



Your life is about to change! CPR for the Mind is a step-by-step model that will change the way you think about yourself and the world around you. Shifting your thought processes is simply forming a new habit for a new beginning. Modifying your negative thought patterns into new positive thought patterns will change your life for the better...forever!

116 Harm Reduction In Chemical Use and Mental Health

Geoff Meyer, MA, Geoff Meyer Training

Conrad BC



Harm reduction is used every day by almost everyone in the world. So why is it so misunderstood? What are the costs and benefits of practicing Harm Reduction? Learn the reality of harm reduction and how to defend it against accusations of “enabling.”


117 Trauma Informed Care: The Need for Parallel Process for Staff

Tamarah L. Gehlen, LMFT, LADC, CFLE, Chief Program Officer, House of Charity

Marquette 8,9



Trauma Informed Care (TIC) has been a growing area of focus for the helping fields. While there has been a strong emphasis on this process for clients, we must also consider our staff and the issues of burnout, compassion fatigue and how we can make the workplace more emotional health friendly for those who serve clients.



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Day Three

Friday, March 24, 2017

118 Remembering to Be “Social” in Our Work

Winna Bernard, Owner, The Show Gallery -
Lowertown; Panel of artists with and without disabilities

Conrad D

DI DD

A panel of collaborators will share their successful experiences while creating and overcoming roadblocks to establishing a vibrant and truly integrated community. Participants will learn concrete, real life strategies on how to create an inclusive community. Participants will identify factors that have contributed to the development of real community connections. Participants will look at our own definitions of inclusion, how this affects our work as social workers.

119 The Pursuit of Equity: Demystifying Safe Space

David L. Everett, PhD, Diversity and Inclusion Consultant,
Office for Equity, Performance and Development’s Equal
Opportunity and Access Division, Minnesota Department of
Human Services

Symphony 3,4

DI

This session addresses the concept “safe space” as a barrier to equity. The straight forward, interactive lecture highlights how “safe space” fosters a historical understanding, approach and practice of power in institutions, organizations and shared networks. As equity looks to reveal and resolve hindering systemic & structural practices, this presentation argues that the premise and practice of “safe-space” serve as obstacles to authentic, critical & transformative engagement. This session will argue that the success of an organization or community is dependent upon constructive relationships, thereby requiring a transition from environments that foster safety, to contexts that promote challenges as opportunities.

120 Prevalence of Autism in MN: Trends, Equity and Increasing Access to Early Diagnosis and Intervention

Jennifer Hall-Lande, PhD, Psychologist, Institute on
Community Integration. College of Education and Human
Development, University of Minnesota - Twin Cities

Marquette 6,7

DI MH

The presentation will present results of a public health surveillance project on Autism Spectrum Disorder (ASD) prevalence in Somali and non-Somali children. The project identified differences in characteristics of ASD across racial and ethnic groups. Trends in identification of ASD across different racial and ethnic groups will be shared. Current related outreach projects promoting early developmental screening, early ASD diagnosis, and early intervention such as MN Act Early will also be shared.

1:15 – 3:15 PM Session

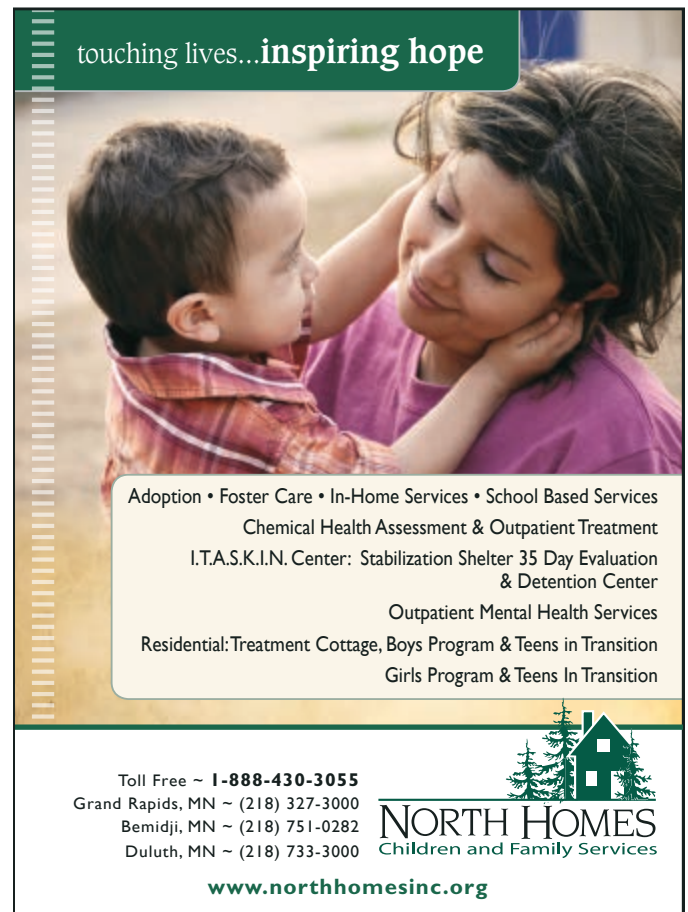
121 Ethical Social Work Practice: What’s New and Old?

Mary Pfohl, MSW, PhD, LISW, BSW Consortium Child
Welfare Stipend Program Director, Department of Social
Work, St. Cloud State University; Sara DeVos, MSW, LICSW,
Assistant Professor & Director of MSW Field Education;
Deola Brumbaugh-Johnson, PhD, Assistant Professor,
MSW Program Director, St. Cloud State University

Marquette 1,2

AP ET

Social work professionals strive to practice ethically in daily interaction with clients, organizations, and society. Yet, the ever changing nature of our societal attitudes and perspectives, policy, practice methods, funding security, and our own personal values challenge us to practice ethically. Using a workshop format with case scenarios, participants will review social work expectations for ethical professional practice, examine past ethical challenges to inform current practice, and consider ethical decision-making processes.



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1:15 – 4:30 PM Session


122 Situational Awareness

Jim Holler, Chief of Police, Liberty Township Police Department (Retired), Holler Training


Marquette 3,4,5

AP CP SC

While making home visits have you ever played the “what if” game? What if this family has dog? What if someone comes after me with a knife or a gun? What if I’m stabbed? What if they start shooting? What if I’m shot? What if I am chased? What if they hit me? The key to survival is being proactive, knowing what to do to become a survivor. Have you taken the time to mentally prepare and develop a mindset of awareness and survival? This training will help your agency prepare as well as equipping each participant with the knowledge that could save their lives during an attack. This is an INTERACTIVE training, one where participants will learn firsthand how to react.



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Day Three

Friday, March 24, 2017

3:00 – 4:30 PM Sessions

123 Moving Home Minnesota: Person-Centered Transitions

John A. Anderson, MA, Deputy Project Director, Moving Home Minnesota, Minnesota Department of Human Services

Marquette 6,7



Moving Home Minnesota (MHM) is a federal demonstration program aimed at moving individuals from institutions back to the community. This presentation will focus upon operationalizing the principles of person-centered planning to accomplish successful transitions.

124 Gun Violence: A Growing Public Health Challenge

Rev. Nancy Nord Bence, MDiv, Executive Director, Protect Minnesota, and Kenneth Bence, MHA, MBA, Past President/ Communications Chair, Minnesota Public Health Association

Salon F



Gun Violence is a pervasive negative influence in America today, stealing lives, devastating families, oppressing communities, and costing our state over \$2 billion every year. Social services

professionals regularly deal with its adverse effects and can be at risk themselves. This presentation will provide an overview of gun violence from a public health perspective and outline effective solutions. Topics will include social determinants, racial and ethnic disparities, childhood trauma, mental health, suicide, and domestic violence.

125 Social Security Disability Law

Jacob Reitan, JD, and Philip Reitan, JD, Reitan Law Office

Duluth



The presentation will overview the following: the difference between Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) disability benefits; the application and appeals process including an overview of the average timeline for appeals; the five-step process the Social Security Administration uses to adjudicate disability claims and how those steps are applied differently based on the age, education, literacy and work history of the claimant; an overview of new Social Security Rules implemented in January 2017 and how those new rules change how claims are adjudicated; and finally an overview how RSDI and SSI eligibility changes based on whether the claimant is a refugee, a permanent residents or a U.S. citizens.

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126 **Introversion: The New Diversity Topic**

Lynette Crane, MA, Certified Life Coach, CEO, Creative Life Changes

Symphony 3,4

PT DI

Introverts, neurologically different from extroverts, constitute an estimated 51% of our population, often the thoughtful and creative set, yet are frequently “invisible” in our extrovert-oriented culture. As a result, introvert employees, co-workers, and clients suffer as collaboration breaks down and conflicts, errors and stress levels rise. Lynette Crane presents concrete, simple steps introverts and extroverts can take to connect, communicate, lead and work together productively.

127 **Creative Therapeutic Techniques**

Tamarah L. Gehlen, LMFT, LADC, CFLE, Chief Program Officer, House of Charity

Marquette 8,9

MH

Attendees will learn about 10 immediately usable techniques that can be applied to work with clients of all age-ranges with a variety of needs.

128 **Foster a Welcoming Environment for LGBT Older Adults**

Marsha Berry, MA, CAEd, Education Director, Training to Serve

Conrad A

AP DI

Whether you know it or not you are currently serving LGBT older adults. Their lived experience informs how they approach formal care services as they age. That historical context has created unique barriers and they bring these unique needs to their older years. Through videos, case studies and discussion this session will help you identify ways to support a welcoming environment and give you specific strategies for your service.





Day Three

Friday, March 24, 2017

129 Logic Models: Transforming Programs to Enhance Services and Attract Funders

Colleen Crockford, MSW, LICSW, Owner/Principal Consultant, Crockford Consulting, LLC

Conrad D

SU

In the ever-changing climate of nonprofit fundraising and foundation giving, the programs that stand out are the ones that will flourish and be funded. Through the development of a program or agency logic model you can ensure that your program activities clearly and deeply align with the agency mission as well as link your outcomes to the long term impact you're making in the community. Additionally, development of a logic model provides a common language from which to discuss and evaluate programs, clarifies assumptions of how things work and why, and provides a platform for continuous quality improvement. The result is a thoughtful description of your program's impact that can be shared with funders, stakeholders, and the community.

3:00 – 5:00 PM Session

130 Boundaries and Ethics: Navigating the Grey in an Ever-Changing World

Geoff Meyer, MA, Geoff Meyer Training

Conrad BC

AP ET

We all know that it is not ethical to sleep with our clients or steal from them but what about the more difficult ethical dilemmas when there is no clear right or wrong? This workshop looks at why some practitioners involve themselves in unethical behavior and provides attendees with five questions to ask themselves to avoid an ethical downfall. There will be a case study.

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livewellalert.com
Exhibit 706

Lutheran Social Service of Minnesota

St. Paul, MN
(651) 642-5990
www.lssmn.org
Exhibit 703-704

Mains'l Services, Inc.

Brooklyn Park, MN
(763) 494-4553
www.mainsl.com
Exhibit 1001-1002

Mary T Inc.

Coon Rapids, MN
(763) 754-2505
www.marytinc.com
Exhibit 1603-1604

MBW Company

New Ulm, MN
(507) 233-3030
www.mbwcompany.com
Exhibit 114-115

McCrossan Boys Ranch

Sioux Falls, SD
(605) 339-1203
www.mccrossan.org
Exhibit 128

McLeod Treatment Programs

Hutchinson, MN
(320) 587-9790
www.mcleodtreatmentprograms.org
Exhibit 911

MedEligible Services (ARS)

Brooklyn Center, MN
(763) 585-8400
www.arsprofessionals.com
Exhibit 1707

Melrose Center - Park Nicollet

St. Louis Park, MN
(952) 993-6200
www.parknicollet.com/melrose
Exhibit 309

Mental Health Minnesota

St. Paul, MN
(651) 493-6634
www.mentalhealthmn.org
Exhibit 1706

**Meridian Behavioral Health**

New Brighton, MN
(612) 326-7600
www.meridianprograms.com
Exhibit 1104-1105

Meridian Services, Inc.

Golden Valley, MN
(612) 695-7432
www.meridiansvs.com
Exhibit 511

Metro Meals on Wheels

Minneapolis, MN
(612) 623-3363
www.meals-on-wheels.com
Exhibit 310

Metropolitan Center for Independent Living - Disability Linkage Line

St. Paul, MN
(866) 333-2466
www.mcil-mn.org
Exhibit 505

Minnesota Adult & Teen Challenge

Minneapolis, MN
(612) 238-6134
www.mntc.org
Exhibit 131-132

Minnesota AIDS Project

St. Paul, MN
(612) 373-2425
www.mnaidsproject.org
Exhibit 129-130

Minnesota Board of Social Work

Minneapolis, MN
(612) 617-2100
mn.gov/health-licensing-boards/
social-work/
Exhibit 203

Minnesota Brain Injury Alliance

Roseville, MN
(612) 378-2742
www.braininjurymn.org
Exhibit 1408

Minnesota Center for Chemical & Mental Health

St. Paul, MN
(612) 626-9042
mncamh@umn.edu
Exhibit 1409

Minnesota Department of Human Services - Child Safety and Permanency Division

St. Paul, MN
(651) 431-4002
mn.gov/dhs
Exhibit 204-205

Minnesota Department of Human Services - Child Safety and Permanency-Adolescent Services-ETV

St. Paul, MN
(651) 431-7522
mn.gov/dhs
Exhibit 206

Minnesota Department of Human Services - Disability Services Division

St. Paul, MN
(651) 431-2392
mn.gov/dhs
Exhibit 208

Minnesota Department of Human Services - Managed Care Ombudsman & Long Term Care Ombudsman

St. Paul, MN
(651) 431-2668
www.dhs.state.mn.us/
managedcareombudsman
Exhibit 903

Minnesota Department of Human Services - Moving Home Minnesota

St. Paul, MN
(651) 431-2240
mn.gov/dhs
Exhibit 202

Minnesota Department of Human Services - State Medical Review Team

St. Paul, MN
(651) 431-5657
mn.gov/dhs
Exhibit 207

Minnesota Department of Public Safety - Office of Justice Programs

St. Paul, MN
(651) 201-7318
dps.mn.gov/divisions/ojp/
Exhibit 104

Minnesota Disability Determination Services

St. Paul, MN
(651) 259-7835
Exhibit 705

Minnesota Organization on Fetal Alcohol Syndrome

St. Paul, MN
(651) 917-2370
www.mofas.org
Exhibit 406

Minnesota Social Service Association

St. Paul, MN
(651) 644-0556
www.mnssa.org
Exhibit 134

Minnesota State University Mankato, Department of Social Work

Mankato, MN
(507) 389-6504
sbs.mnsu.edu/socialwork
Exhibit 811

MinnesotaHelp Network

St. Paul, MN
(651) 431-2581
MinnesotaHelp.info
Exhibit 201

MNET by MTM

Mendota Heights, MN
(651) 645-9254
www.mtm-inc.net
Exhibit 1210-1211

Mom's Meals NourishCare

Ankeny, IA
(866) 716-3257
www.momsmeals.com
Exhibit 710

Monarch Healthcare Management

Mankato, MN
(507) 381-3081
www.monarch.com
Exhibit 110-111

Mount Olivet Rolling Acres

Chanhassen, MN
(952) 474-5974
www.mtolivetrollingacres.org
Exhibit 1208-1209

Exhibitor Directory

MRCI - Client Directed Services

Kasota, MN
(507) 386-5704
www.mrcicds.org
Exhibit 1501-1502

NAMI Minnesota

St. Paul, MN
(888) NAMI-Helps
www.namihelps.org
Exhibit 711

National Association of Social Workers Minnesota Chapter

St. Paul, MN
(651) 293-1935
www.naswmn.org
Exhibit 1010

New Beginnings Minnesota

Waverly, MN
(763) 658-5230
www.nbminnesota.com
Exhibit 141-142

Nexus Youth and Family Services

Plymouth, MN
(612) 619-2319
www.nexustreatment.org
Exhibit 112 - 113

North Homes Children and Family Services

Grand Rapids, MN
(218) 327-3000
www.northhomesinc.org
Exhibit 211-212

Northstar Problem Gambling Alliance

Roseville, MN
(612) 424-8595
www.northstarproblemgambling.org
Exhibit 1714

Northwood Children's Services

Duluth, MN
(218) 724-8815
www.northwoodchildren.org
Exhibit 1606

Nuway

Minneapolis, MN
(651) 964-3680
www.nuwayhouse.org
Exhibit 1305-1306

Nystrom & Associates, Ltd.

New Brighton, MN
(651) 628-9566
www.nystromcounseling.com
Exhibit 143-144

Olu's Home Inc.

Minneapolis, MN
(612) 824-1142
www.olushome.com
Exhibit 707

Opportunity Matters

Sartell, MN
(320) 240-1900
www.opportunitymatters.org
Exhibit 910

Options Family and Behavior Services

Burnsville, MN
(952) 564-3030
www.OptionsFamily.com
Exhibit 611

Options Residential

Burnsville, MN
(952) 564-3030
www.optionsres.com
Exhibit 610

Orion ISO

Golden Valley, MN
(612) 695-7432
www.orioniso.com
Exhibit 510

Paradigm Residential Services Inc.

Princeton, MN
(763) 856-7700
www.paraserv.org
Exhibit 809

Park Avenue Center

Minneapolis, MN
(612) 871-7443
www.parkavenuecenter.com
Exhibit 709

People Incorporated Mental Health Services

St. Paul, MN
(651) 774-0011
www.peopleincorporated.org
Exhibit 506

People Serving People

Minneapolis, MN
(612) 249-5335
www.peopleservingpeople.org
Exhibit 509

Phoenix Recovery Programs

Maplewood, MN
(651) 289-1201
www.phoenixrpx.org
Exhibit 1702

Piney Ridge Center

Marshalltown, IA
(641) 691-5339
Exhibit 410

Pinnacle Services, Inc.

Minneapolis, MN
(612) 977-3100
www.pinnacleservices.org and
www.summitfiscalagency.org
Exhibit 1301-1302

Placement Partners MN, Inc.

St. Louis Park, MN
(612) 414-2073
www.ppmninc.com
Exhibit 1611

PORT Group Homes

Brainerd, MN
(218) 829-2123
www.portgrouphomes.org
Exhibit 1609

Prairie Lakes Youth Programs

Willmar, MN
(320) 231-1729
www.prairielakes.net
Exhibit 1307-1308

Prairie St. John's

Fargo, ND
(218) 280-7785
www.prairie-stjohns.com
Exhibit 601-602

PrairieCare

Brooklyn Park, MN
(763) 762-8800
www.prairie-care.com
Exhibit 805



Exhibitor Directory

PRIDE Institute

Eden Prairie, MN
(952) 934-7554
www.pride-institute.com
Exhibit 905

Project Turnabout

Granite Falls, MN
(320) 564-4911
www.projectturnabout.org
Exhibit 147

Protect Minnesota

St. Paul, MN
(651) 645-3271
protectmn.org
Exhibit 138

Provide Care Inc.

North Branch, MN
(651) 674-8312
www.providecare.com
Exhibit 1713

Quality Disability Services

Brainerd, MN
(218) 724-1146
www.qdservices.net
Exhibit 906

Recover Health

Rochester, MN
(952) 926-9808
www.recoverhealth.org
Exhibit 407

Recovering Hope Treatment Center

Mora, MN
(844) 314-4673
www.recoveringhope.life
Exhibit 1710

Red River Behavioral Health System

Grand Forks, ND
(701) 388-3757
www.meridianprograms.com
Exhibit 1205

Reitan Law Office

Chaska, MN
(952) 448-2800
www.reitanlawoffice.com
Exhibit 708

Reliable Medical Supply

Brooklyn Park, MN
(763) 255-3800
www.reliamed.com
Exhibit 409

REM Minnesota, Inc.

St. Peter, MN
(952) 922-6776
www.remminnesota.com
Exhibit 411

ResCare, Inc.

Brooklyn Center, MN
(763) 277-1045
www.rescare.com
Exhibit 408

Resource, Inc.

Minneapolis, MN
(612) 752-8000
www.resource-mn.org
Exhibit 1703

River Ridge

Burnsville, MN
(952) 894-7722
www.riverridgetreatmentcenter.com
Exhibit 609

Riverplace Counseling Center

Anoka, MN
(763) 421-5590
www.riverplacecenter.com
Exhibit 1111

Rogers Behavioral Health

Eden Prairie, MN
(612) 979-5455
rogershospital.org
Exhibit 807

RSI Laboratories

Minneapolis, MN
(612) 287-1614
www.rsilabs.org
Exhibit 1709

Sengistix, LLC

Mendota Heights, MN
(651) 695-5817
www.sengistix.com
Exhibit 808

Sequel Youth and Family Services

Woodward, IA
(641) 431-1355
www.sequelyouthservices.com
Exhibit 1708

Sholom

St. Louis Park, MN
(952) 935-6311
www.sholom.com
Exhibit 1003-1004

**Shriners Hospitals for Children-
Twin Cities**

Minneapolis, MN
(612) 596-6100
www.shrinershospitalsforchildren.org/
locations/twincities
Exhibit 1110

Social Security Administration

St. Paul, MN
(866) 667-6032
www.ssa.gov
Exhibit 1109

Soma Ventures

Minneapolis, MN
(612) 978-1012
somaventures.com
Exhibit 305

**St. Catherine University - University
of St. Thomas School of Social Work**

St. Paul, MN
(651) 962-5800
www.stthomas.edu/socialwork
Exhibit 1401

**St. Cloud State University Social
Work Department**

St. Cloud, MN
(320) 308-4880
www.stcloudstate.edu/socialwork
Exhibit 508

STAR Services

St. Paul, MN
(651) 644-3140
www.starsvcs.com
Exhibit 127

Exhibitor Directory

Sunflower Communities

Golden Valley, MN
(763) 417-8888
www.sunflowercommunities.org
Exhibit 126

Supportive Living Solutions

St. Paul, MN
(651) 209-8483
www.supportivelivingsolutions.org
Exhibit 1310

The College of St. Scholastica

Duluth, MN
(877) 287-8752
www.css.edu
Exhibit 116-117

The Emily Program

St. Paul, MN
(888) Emily77
www.emilyprogram.com
Exhibit 507

The Helpers

Minneapolis, MN
(763) 242-1400
www.thehelpers.co
Exhibit 806

The Retreat

Wayzata, MN
(952) 476-0566
www.theretreat.org
Exhibit 907

The Salvation Army

Roseville, MN
(651) 746-3400
www.salvationarmy.org
Exhibit 503-504

Therap Services, LLC

Windsor Heights, IA
(515) 423-3263
www.therapservices.net
Exhibit 311

Tranquility Products

Dunbridge, OH
(800) 467-3224
www.tranquilityproducts.com
Exhibit 1309

True Friends

Annandale, MN
(952) 697-2294
www.truefriends.org
Exhibit 1411

Ucare

Minneapolis, MN
(612) 676-3321
ucare.org
Exhibit 908

University of Minnesota Center for Neurobehavioral Development

Minneapolis, MN
(612) 624-0116
cnbd.umn.edu
Exhibit 804

University of Minnesota College of Education and Human Development

Minneapolis, MN
(612) 625-6324
www.cehd.umn.edu
Exhibit 909

University of Minnesota Duluth - College of Education and Human Service Professions

Duluth, MN
(218) 726-8705
d.umn.edu
Exhibit 125

University of Minnesota Medical Center

Minneapolis, MN
(612) 736-1678
www.uofmmmedicalcenter.org
Exhibit 1705

University of Minnesota School of Social Work/Center for Advanced Studies in Child Welfare

Saint Paul, MN
(612) 625-8121
cascw.umn.edu
Exhibit 603-604

University of Wisconsin, Madison Part-Time MSW Program

Eau Claire, WI
(715) 836-5404
socwork.wisc.edu
Exhibit 107

VA Suicide Prevention Program

Minneapolis, MN
(612) 467-3620
www.mentalhealth.va.gov/suicide_prevention/index.asp
Exhibit 1311

Valhalla Place

New Brighton, MN
(612) 454-2033
Exhibit 1103

Vinland National Center

Loretto, MN
(763) 479-4560
www.vinlandcenter.org
Exhibit 1203

Volunteers of America MN & WI-Amicus Services

Minneapolis, MN
(612) 877-4257
www.voamnwi.org/rehabilitative-and-veterans-services
Exhibit 1711

Volunteers of America/Residential Treatment Services

Anoka, MN
(763) 252-4582
www.voamn.org
Exhibit 303

VRI Medical Alert Monitoring

Franklin, Ohio
(937) 602-7240
www.vricares.com
Exhibit 608

Wellcome Manor Family Services

Garden City, MN
(507) 546-3295
www.wellcomemanorfamilyservices.org
Exhibit 102

WINGS

Litchfield, MN
(320) 593-0440
www.wingsats.com
Exhibit 1108

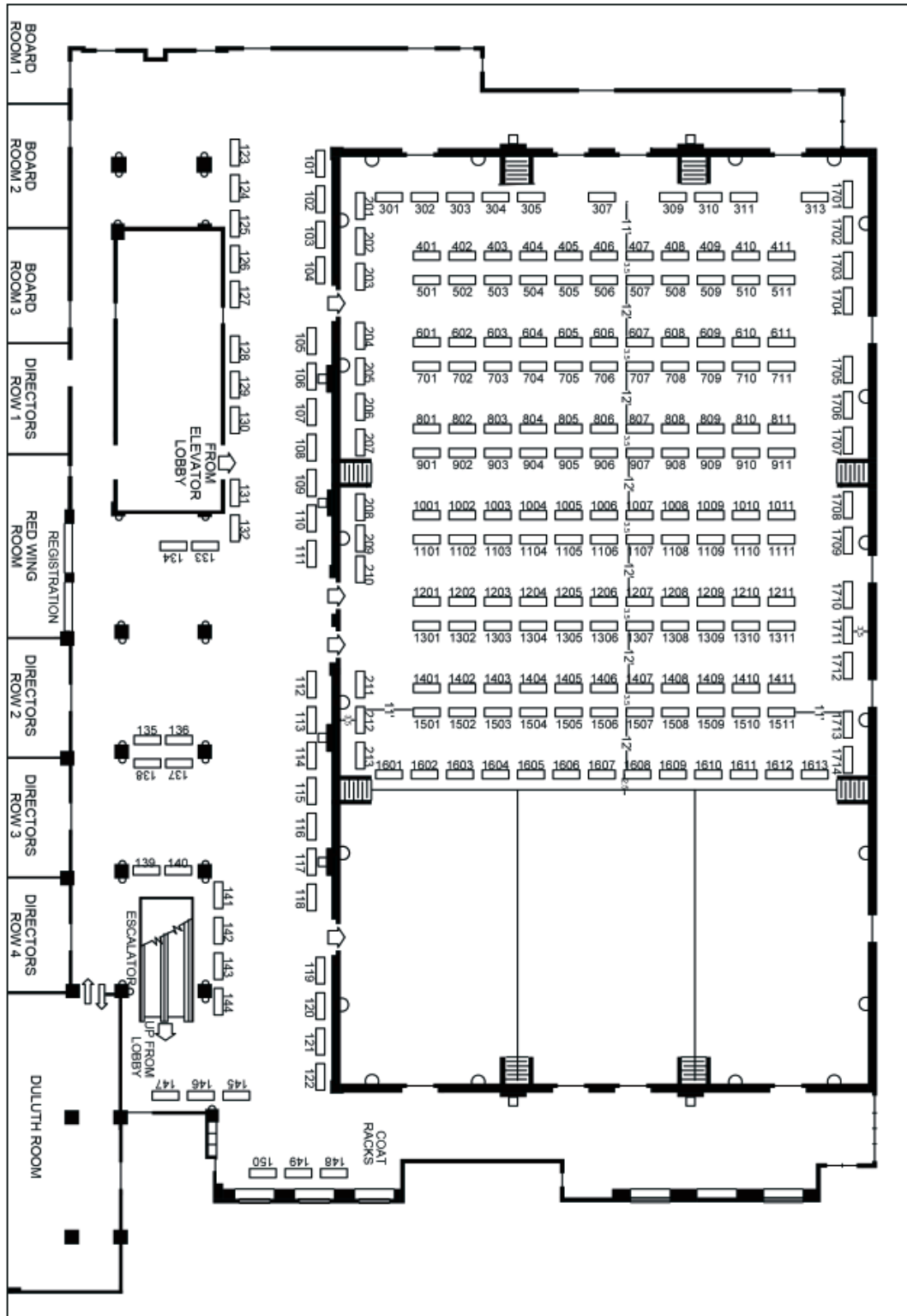
Zumbro House, Inc.

Woodbury, MN
(651) 264-1000
www.zumbrohouse.com
Exhibit 1613



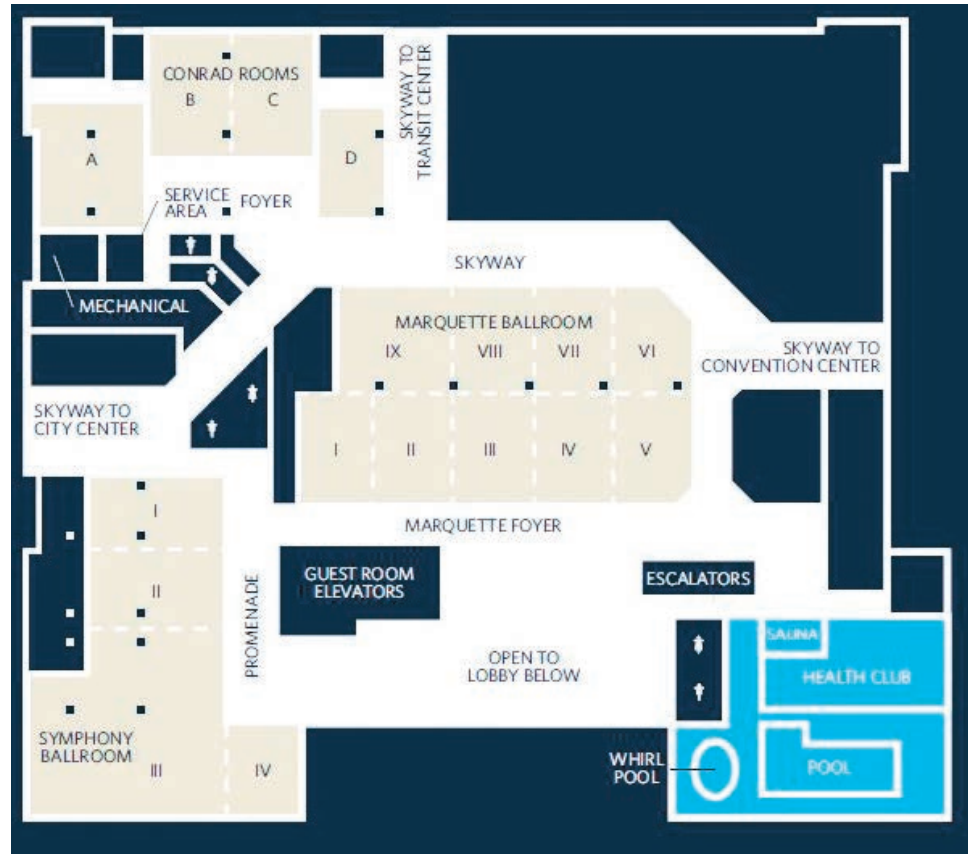
Minneapolis Grand Ballroom

Hours: Thursday, March 23, 8 a.m. – 4 p.m. and Friday, March 24, 8 a.m. – 1 p.m.

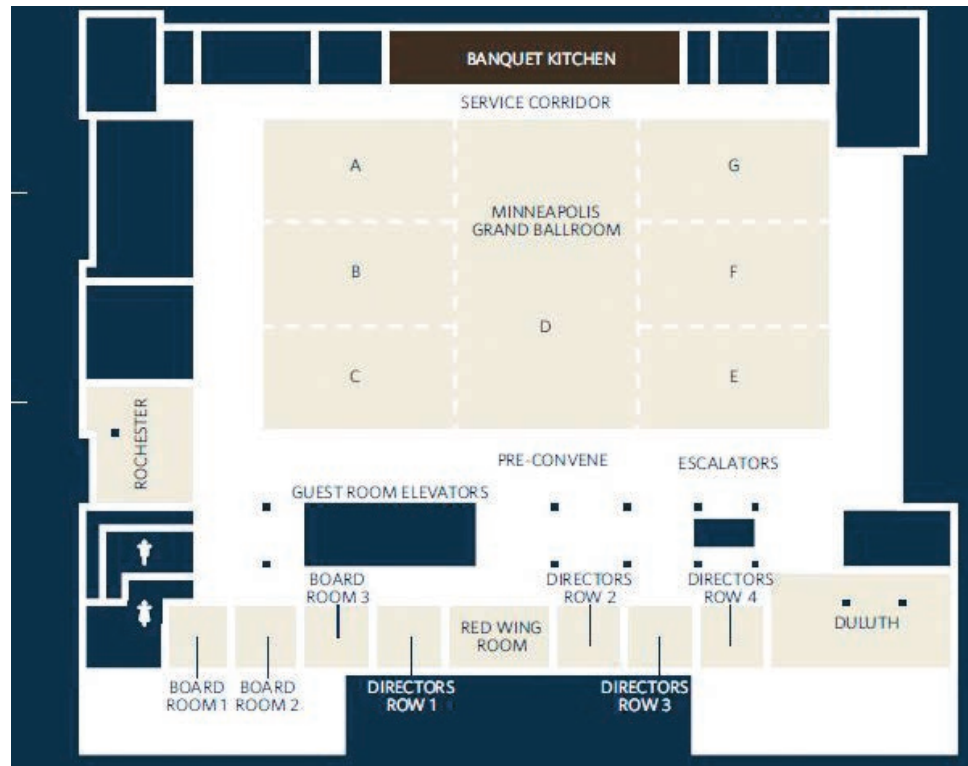


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